

# **Horse Racing Ireland**

# Protocols for race meetings behind closed doors in the context of the of Covid-19 pandemic

April 2021

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Document	Document Control			
Version	Date of Revision	Detail of Amendments (Section etc.)		
Version 1	15 <sup>th</sup> May 2020			
Version 2	29 <sup>th</sup> May 2020	General Covid-19 procedures for all permitted attendees at race		
		meetings		
		General Hygiene		
		Racecourse Entry		
		Weighroom (table and chair for each jockey)		
		Parade Ring/Enclosure (padock sheets)		
		Racecourse and Starts (girth tighteners)		
		Horsebox Car Park		
		Racecourse Stables Complex		
		Veterinary Faciltiies		
		Racecourse Signage		
		Racecourse Checklist (updated)		
		Protocols for Health Screening Check-In at Racecourses (info cards)		
		Protocols for Disinfection and Hygiene at Racecourses		
		Protocols for Raceday Veterinary Operations		
		Protocols for Jockeys (travel)		
		Protocols for Trainers (Racecourse Stables Complex)		
		Protocols for Stablestaff (Racecourse Stables Complex)		
		Protocols for International Travel		
Version 3	1 <sup>st</sup> July 2020	General Covid-19 procedures for all permitted attendees at race		
		meetings		
		Permitted Attendance (representatives of Associations added)		
		Racecourse Entry (racecourse attendee list)		
		Parade Ring/Enclosure (sanitiser for parade ring)		
		Racecourse and Starts (gloves deleted)		

		Racecourse Checklist (List of attendees & hand sanitiser for parade ring)
		Protocols for Infection Control (General Measures)
		Protocols for Health Screening (Pre Return Screening)
		Protocols for Attendees to Gain Entry to a Race Meeting (who can
		attend?/Before you come racing for first time)
		Protocols for Health Screening Check-In Area at Racecourses (AIR Cards)
		Protocols for Disinfection and Hygiene at Racecourses
		(Recommended Disinfectants)
		Protocols for Raceday Veterinary Operations (General)
		Protocols for Jockeys (General)
		Protocols for Trainers (General)
		Protocols for Stablestaff (General)
		Protocols for Starting Stalls (General/All Starts before, during and after each
		race – gloves deleted)
		Protocols for Horse Transporters (General Hygiene and Social Distancing)
		Protocols for Press/Photographers
		Protocols for International Travel (General)
Version 4	12 <sup>th</sup> August	General Hygiene (mandatory face masks/coverings)
	2020	Permitted Attendance (additional person from training establishments and 5 nominated racecourse attendees permitted)
		Weighroom (limited outdoor catering provided)
		Parade Ring/Enclosure (post race debriefs and recording on mobile devises outside parade ring)
		Catering/Betting Facilities (limited outdoor catering provided & social
		distaning markers at food/catering outlets and personnel required)
		Racecourse and Starts (schooling)
		Racecourse Stables Complex (additional person from training estalishments permitted)
		Racecourse Signage (social distancing markers at all outdoor catering outlets)
		Racecourse Checklist (social distaning markers at food/catering outlets and personnel required)
		Protocols for Infection Control (mandatory face masks/coverings)
		Protocols for Health Screening (change of time to 11pm & travelling from abroad)
		Protocols for Attendees to Gain Entry to a Race Meeting (who can attend?/Before you come racing for first time/next race meeting)
		Protocols for Jockeys (Parade Ring before and after the race, Other Requirements & Travel)
		Protocols for Trainers (Parade Ring before and after the race& Other Requirements)
		Protocols for Stablestaff (General, Parade Ring before and after the race & Other Requirements)
		Protocols for Starting Stalls (Other Requirements)
		Protocols for Horse Transporters (Other Requirements, Travel)
		Protocols for Press/Photographers (Other Requirements, Travel)
		Protocols for International Travel (Travel, Stabling, Jockey, Connections)
		Covid-19 Passenger Locator Form (form deleted and links added)
		Covid-19 Travel Advice (added)
Version 5	3 <sup>rd</sup> September	Protocols for Jockeys (refer to Protocols for International Travel for Jockeys)
	2020	Protocols for International Travel for Jockeys (added)
		Protocols for International Travel (Jockey, Other Requirements)

Version 6	21 <sup>st</sup> September 2020	Permitted Attendance (2 admissions per Owner regardless of how many runners/horses the Owner has on the day and one sponsor per race is permitted) Racecourse Presentations (socially distanced presentations for winning connections permitted) Racecourse Signage (Owners Briefing Area added)
		Racecourse Parking (Owners added)
		Racecourse Checklist (Designated Briefing Area for Owners and signage for
		area added)
		Protocols for Owners (added)
		HSE Patient Information Sheet for self isolation at home (deleted)
	cth o i l	How to use Face Coverings (added)
Version 7	6 <sup>th</sup> October 2020	Permitted Attendance (2 admissions per Owners and one sponsor per race deleted)
		Racecourse Presentations (not permitted)
		Racecourse Signage (Owners Briefing Area deleted)
		Racecourse Parking (Owners parking deleted)
		Racecourse Checklist (Designated Briefing Area for Owners and signage for
		area deleted) Protocols for Owners (deleted)
Versien 0	1 <sup>st</sup> December	
Version 8		General Covid-19 procedures for all permitted attendees at race
	2020	meetings (measures that offer the greatests protection)
		Protocols for Infection Control (Close Contact Definition)
		Protocols for Health Screening (Health Screening Questionnaire)
		Protocols for Jockeys (Travel)
		Protocols for International Travel for Jockeys (amended)
		Protocols for Horse Transporters (Travel)
		Protocols for Press/Photographers (Travel)
		Protocols for International Travel (amended)
		Covid-19 Travel Advice (amended)
Version 9	22 <sup>nd</sup> December	Protocols for International Travel for Jockeys (suspended re UK travel)
V CI SION S	2020	Protocols for International Travel (amended re horses/jockeys not to
	2020	compete in UK)
Version	18 <sup>th</sup> January	Permitted Attendance (racecourses are permitted one nominated attendee)
10	, 2021	Protocols for International Travel for Jockeys (updated)
		Protocols for Press/Photographers (Photographs/Interviews updated)
		Protocols for International Travel (updated)
Version	23 <sup>rd</sup> February	Protocols for International Travel for Jockeys (updated)
11	2021	Protocols for International Travel (updated)
Version	1 <sup>st</sup> April 2021	Protocols for International Travel for Jockeys (updated)
12	, -	Protocols for Horse Transporters (updated travel)
		Protocols for International Travel (updated)
Version	22 <sup>nd</sup> April 2021	Permitted Attendance (Jockey Driver added)
13		Catering/Betting Facilities (updated to include walk in/out)
-		Protocols for Health Screening (amended)
		Protocols to Gain Entry to a Race Meeing (amended)
		Protocols for Health Screening Check-in at Racecourses (amended)
		Protocols for Irish Elite Race Meetings 2021 (added)
		Protocols for International Travel for Jockeys (updated)
		Protocols for Jockey Drivers (added)
		Protocols for International Travel (updated)
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Information for 'Close Contacts' of a confirmed case of Coronavirus
(deleted)
Further Information (added)

# Introduction

This document contains strict protocols which must be undertaken by all Industry Bodies and Racecourses during race meetings held behind closed doors to prevent the spread of COVID-19. These protocols have been developed by HRI in consultation with the IHRB mindful of the best available advice, nationally and internationally for the management of Covid-19. These measures are to safeguard everyone's health and wellbeing during the current public health situation and to ensure that racing can continue in a safe and appropriate manner.

Please note to assist with social distancing field sizes will be reviewed and restricted at racecourses depending upon the stable yard and weighroom facilities at the individual tracks.

Further racecourse specific details will be issued separately in relation to Health Screening Check-In Area, Weighroom, Stewards Rooms, Photo Finish/Judges Room, Stableyards and Racecourse Commentary position.

## **How COVID-19 Spreads**

The virus that causes COVID-19 disease is spread from people in fluid and in droplets scattered from the nose or mouth of an infected person when the person with COVID-19 coughs, sneezes or speaks. The fluid or droplets land on objects and surfaces around the infected person. Other people contaminate their hands by touching these objects or surfaces and then bring the virus into contact with their eyes, nose or mouth by touching them with their contaminated hands. COVID-19 can also spread if droplets from an infected person land directly on the mucous membranes of the eye, nose or mouth of a person standing close to them.

It is still not known how long the virus survives on surfaces in different conditions. The period of survival may vary under different conditions (e.g. type of surface, temperature or humidity of the environment). Studies indicate that it can persist on surfaces for hours and up to several days in the absence of effective cleaning. Thorough and regular cleaning of frequently touched surfaces is essential. If disinfection is required it must be performed in addition to cleaning, never as a substitute for cleaning.

While people are most likely to pass on the infection when they have symptoms, current information suggests that some infected people spread the virus to others prior to developing or displaying symptoms themselves. Ref: <u>Return to Work Safely Protocol - Department of Business, Enterprise and Innovation and the Department of Health</u>

# General COVID-19 procedures for all permitted attendees at race meetings

- 1. Do not come racing if you have symptoms of cough, cold, temperature or shortness of breath
- 2. DO NOT TOUCH YOUR FACE whether you are wearing gloves or not. THIS IS CRITICAL
- 3. WASH YOUR HANDS as frequently as you can
- 4. **OBSERVE THE ADVISED COUGH/TISSUE ETIQUETTE** at all times
- 5. Avoid going into areas on the racecourse unrelated to your work
- 6. Leave immediately after your last race
- 7. If you become unwell while racing, go immediately to your car and phone your GP for expert advice
- 8. If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>

Above all else these are the measures that will offer you the greatest protection while at work or indeed at home:

- 1. Social distancing
- 2. Hand washing
- 3. Wear a Face Covering

# **Health Screening**

Protocols for Health Screening *(included separately)* are based on the most up to date Department of Health and HSE guidelines. Health screening includes pre-return screening, temperature testing and continuous monitoring of symptoms and contacts of all attendees. <u>Please see Protocols for Health</u> <u>Screening and Health Screening Check-In at Racecourses prior to attending each race meeting.</u>

# **Industry Education**

Comprehensive education (in the form of webinars) and regular updates will be provided to all subsets of attendees on the hygiene practices, social distancing and signs and symptoms of COVID-19. All subsets of the industry will be required to work together to ensure that all actions in these protocols are fully adhered to suppress the spread of COVID-19.

# **COVID-19 Compliance Officers**

A panel of COVID-19 Compliance Officers have been appointed to ensure all measures are implemented and strictly adhered to at each race meeting. The COVID-19 Compliance Officers will act with the full authority of Horse Racing Ireland based on the protocols contained within this document.

# **General Hygiene**

- Bottles of antibacterial hand sanitiser/hand sanitising stations to be provided at various points throughout the racecourse (entrances and exits to health screening check-in, weighroom/stableyard etc. – please note hand sanitiser must be at least 60% alcohol based
- Door handles, handrails of escalators, elevator buttons, light switches, tap handles and any other obvious points of contact to be disinfected regularly during each race meeting (at a minimum twice daily)
- All surfaces in professional areas must be cleaned and disinfected regularly during the race meeting (see list below) – gloves must be provided in these areas for use
- The following areas must be cleaned and disinfected prior to and during each race meeting:
  - Health Screening Check-In Area
  - > Weighroom
  - Stewards Room (incl. any additional Steward Room overflow facilities)
  - Camera and Commentary Positions
  - Additional Jockey Changing areas
  - Photo Finish/Judges Room
  - Stewards Box / Head-on viewing Tower
  - Veterinary Units
  - Medical Room
  - Security Huts/Office in stableyard
  - Entrance Building (if in use)
  - > Designated Isolation Room (prior to and after each race meeting)
  - All toilet facilities
- Face masks/Face coverings are mandatory for all attendees at race meetings please see <u>Protocols for Infection Control.</u>
- Soap and paper towels must be provided at the sink in the IHRB Sampling Unit
- Large bottles of sanitising gel (preferably in a pump action dispenser) must be provided in stable yard
- Disinfectant cleaning material for hard surfaces to be provided in the Sampling Unit and Racecourse Veterinary Surgeons box
- All windows in operational areas throughout the racecourse should be opened to enhance ventilation where possible
- Please ensure there are plenty of <u>labelled</u> waste bins at each racecourse to ensure waste can be disposed of in the correct bin (hand towels, gloves, masks etc) – all waste bins must be emptied regularly throughout the race meeting

#### Please refer to Protocols for Disinfection and Hygiene at Racecourses



# **Permitted Attendance**

The following people <u>ONLY</u> are permitted to attend race meetings subject to Health Screening (please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses):

- IHRB Officials/HRI employees working at the race meeting
- IHRB Stewards working at the race meeting
- IRIS employees working at the race meeting
- Ambulance Provider (as required to service the race meeting)
- Racecourse employees (as required to service the race meeting)
- Valets working at the race meeting
- Racecourse Doctors
- Racecourse Vets
- AIR Commentator
- Racecourse AIR Card Reader Operator
- Irish Blue Cross Horse Ambulance Service (as required to service the race meeting)
- Jockeys riding in the race meeting and a Jockey Driver (when applicible)
- Trainers with a horse running at the fixture may attend <u>OR</u> one Authorised Representative in their place
- One groom per horse running on the day
- One additional person per training establishment with a horse running at the fixture (only where necessary)
- Farrier working at the race meeting
- One representative of Associations whose attendees are permitted to be at the race meeting
- Racecourses are permitted to nominate one attendee
- Journalists/Photographers with prior approved accreditation through Barbara White at HRI please email bwhite@hri or by phone 087 - 2511482)
- Other racecourse service providers
- No owners are permitted to attend race meetings

The above people permitted to attend racecourses are requested to leave when their presence is not necessary.

# **Racecourse Entry**

- Health Screening via the Health Screening Check-In Area is mandatory for ALL racecourse attendees at EVERY race meeting – <u>please go to this area immediately upon arrival</u>
- Entrance to the racecourse will be via the Health Screening Check-In Area, the stableyard and an entrance gate to allow Jockeys drive into the enclosure – only after completing the Health Screening Check-In upon arrival
- ALL racecourse attendees <u>must</u> present an AIR Card on arrival (or be on a pre-approved list) please place the card on the table for the AIR card reader operator to scan in order to prevent cross contamination
- Contact details for all racecourse attendees must be recorded to facilitate contact tracing if required – this will be captured throught the IHRB Health Health Screening Web/App
- HRI/IHRB/AIR/IRIS/SIS/RTV must record details of employees (and Stewards) who worked each day
- HRI will record details of approved Journalists/Photographers and provide list to racecourses
- Racecourses must record details of employees, Racecourse Doctors/Vets and ALL other third party racecourse service provider attendees working on the day – <u>full list to be sent to the</u> <u>dedicated HRI email address provided seperately and provided to AIR Card Operator on the day</u>

# Weighroom

A one way system will operate in the weighroom whereby riders will weigh in on separate scales and return to the weighroom (through a back/side entrance where possible), leave in their saddles and either weigh out again or return to their car immediately (*racecourses will be contacted individually to advise*). Please note the following:

- Weighroom access is restricted to essential IHRB Officials, Jockeys (to weigh in/out), Security Staff and Valets
- The weighroom room must be cleaned and disinfected prior to and during each race meeting
- Additional space between individuals must be provided within the weighroom to ensure social distancing
- Loitering is NOT permitted in or around the weighroom
- Showers and saunas for Jockeys must be closed
- Limited outdoor catering will be provided at race meetings
- Social distancing floor markers must be provided on the weighroom floor leading up to the scales to signify where riders should stand prior to weighing out
- Additional alternative facilities must be provided for jockeys' changing to ensure social distancing (this can be one/two rooms as close as possible to the weighroom with TV's)
- A table and chair for each jockey must be provided in the jockeys changing facilities Niall Cronin (IHRB Communications Manager) will provide a list of Jockeys to each racecourse the day before the race meeting)
- Parking must be provided close to the weighroom for jockeys to return to their cars between races
- Ladies changing rooms where space allows for social distancing, lady riders can remain in their own changing room
- A Perspex screen positioned between the Clerk of the Scales and the plate of scales must be provided by each racecourse (*The sheet of Perspex should be approximately 3ft high x 2.5ft wide to act as a barrier between Clerk and the plate on which the rider stands to weigh. Ideally this sheet should be on a mobile stand with legs of approx. 3.5ft, making the sheet of Perspex approx. 6.5ft off the ground at its highest point*)
- Two Perspex screens which can be attached to workbenches or similar must be provided for the Valets scales in the changing room (similar size as for Clerk of Scales - valets will instruct racecourses where to place when they arrive on the day of races. Racecourses are encouraged to contact both sets of valets for further clarification before purchase to ensure their requirement are met)
- Additional security will be provided by the IHRB to manage the weighroom and to handle colour bags
- To maintain social distancing, a table should be provided where colour bags will be transferred from Trainers to Security
- An additional overflow facility may be required at some racecourses for Stewards enquiries (details will be issued separately to specific racecourses)
- A canopy/awning type cover may be required at some racecourses outside the weighroom for trainers/grooms awaiting saddles - this should be large enough to accommodate social distancing (racecourses will be contacted individually to advise)
- An additional scales (possibly at back door of weighrooms) will be provided for Jockeys to weigh in (details will be issued separately to specific racecourses)
- Gloves must be provided in the weighroom (any standard of disposable gloves is acceptable) see Protocols for Infection Control
- There will be no TVs in operation in the weighroom





# **Medical Provision**

Protocols for Medical Provision *(included separately)* have been agreed between the IHRB Senior Medical Officer, Racecourse Medical Officers and the Ambulance provider and are based on the most up to date Department of Health and HSE guidelines at the time of return.

# **Isolation Room**

A designated isolation room must be provided at each racecourse (*racecourses must make Doctors and Ambulance personnel aware of the location each day*). The isolation room must be cleaned and disinfected prior to and after each race meeting. Please ensure there is signage on the door of the room. All attendees will be screened (see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses) to reduce the likelihood of attendees with symptoms of Covid-19.

# Parade Ring/Enclosure

- Designated social distancing markers should be visible for use in the parade ring to promote social distancing (*If purchasing mats, please ensure the mats are safe in all weather conditions. Alternatively, simple white paint which can be applied each day to show X marks the spot or a stencil design of footprints or fluorescent tape on the ground to show 2m sections/boxes*).
- Designated social distancing markers for stakeholders to utilise while observing races should be placed around the parade ring (near TV's) to promote social distancing
- One Trainer or their Authorised Representative is permitted to access the parade ring (pre-race to leg up if required)
- Hand sanitiser must be placed in the centre (or each end) of the parde ring
- Each racecourse must have a set of pvc paddock sheets. The racecouse must ensure the paddock sheets are cleaned and disinfected between each race on the race day. Disinfectant wipes and hand sanitiser should be available where these are situated.
- Loitering is NOT permitted in or around the parade ring debriefing between Trainers and Jockeys must be conducted outside the parade ring
- Where individual riders are being recorded on mobile devices to send the post race analysis to owners this must take place outside the Parade Ring





# **Catering/Betting Facilities**

- Limited catering for anyone attending the race meeting will be provided on an outdoor and walk in/out basis only (no indoor dining/eating areas). Bottled water will be provided <u>but should not</u> <u>be shared</u>.
- Racecourses must ensure social distancing markers are placed where attendees may queue for food along with racecourse security or catering personnel available at any food outlet areas to ensure social distancing is enforced.
- There will be <u>no betting facilities</u> (Bookmakers/Tote) in operation at the race meeting. An industry SP will be provided.

# **Racecourse Presentations**

No presentations are permitted.

# **Press/Photographers**

Only the minimum number of press and photographers required to adequately cover racing fixtures will be permitted to attend. Prior press accreditation is required for journalists and photographers to attend race meetings. HRI will send each racecourse a list of Journalists/Photographers who have obtained approved accreditation through HRI prior to each race meeting. <u>A copy of this list should also be provided to the Operator in the Health Screening Check-In Area by the racecourse.</u>

Please note the following in relation to Journalists/Photographers:

- A designated area (outside the weighroom) must be provided for press officials
- Journalists/Photographers should present at the Health Screening Check-In Area upon arrival at the racecourse where approved names will be on the media list
- It is mandatory that you maintain social distancing at all times (taking photos)
- Ensure you are always at least two metres from other individuals
- No person to person interviews will be permitted at this time
- Journalists/Photographers should leave the racecourse when their presence is no longer required or necessary
- To obtain prior approved accreditation from HRI please contact Barbara White (email <u>bwhite@hri.ie</u> or phone 087 2511482)

#### Please see Protocols for Press/Photographers

## **Racecards**

Racecourses should liaise with their racecard printing company in relation to the provision of racecards. Please note the following:

- The wide margin Officials cards must be produced as normal
- The printing company may be able to produce 'A quick guide' (one page) available for trainers, stable staff, jockeys etc. (quantities required will be less than normal)

# Photo Finish/Judges Room

- The Photo Finish/Judges room must be cleaned and disinfected prior to and during each race meeting
- The number of people with access to the room will be limited and HRI Photo Finish staff and the IHRB Judge are encouraged to utilise vacant, adjoining rooms between races (<u>please ensure</u> <u>these rooms are opened for use along with bathroom facilities nearby</u>)

# **Racecourse and Starts**

- The IHRB Clerks of the Course will return to their cars during racing
- It is mandatory that racecourse employees (fence stewards/grounds employees) maintain social distancing and ensure they are always at least two metres away from other individuals
- <u>Schooling is not permitted on the same day as a race meeting behind closed doors.</u> Schooling
  is permitted on non-race days provided the racecourse strictly enforces return to work
  protocols, retains contact tracing details and ensures appropriate levels of disinfection is carried
  out in any areas that are utilised before, during and after schooling.

#### **Starts**

- The IHRB Official Starter will access the weighroom in advance of first race and will then return to their car during the race meeting
- Non-runners will be communicated by Clerk of Course
- Girth tighteners (employed by racecourse) must wear a mask and gloves for each race and gloves must be changed between races
- HRI Stall Handlers must travel individually therefore please note there will be additional cars at the start/on-course
- Starting Stalls (including pushing handles) will be power washed and disinfected prior to and after each race meeting
- Starting stalls will be disinfected between each race
- The race start button will be disinfected between each race
- Masks, hand sanitiser and disinfectant wipes will be provided to the HRI Stalls team prior to each race meeting (HRI will provide) - see Protocols for Infection Control

# **Horsebox Car Park**

- There will be at least one Official in each carpark to assist with parking of horseboxes this
  Official will liaise with the driver of each horsebox and all directions provided must be adhered
- Lorries will be parked where possible to minimise interaction between stablestaff as they arrive, possibly at alternate ends of the car park
- The occupants should be aware that they need to go through the Health Screening Check-In Area process before they and any horses can enter the stableyard – the location of the Health Screening Check-In Area needs to be considered prior to parking up and and unloading of horses
- Trainers, stablestaff and horsebox drivers must follow the instructions of the IHRB Security Official particulary when approaching the stable yard entrance – this is to ensure the safety of all attendees and horses
- There will be social distancing markers or bays at the entrance to allow for horses to be microchipped – please observe these social distancing measures at all times

# **Racecourse Stables Complex**

- Hand sanitising stations must be provided at the entrance and exit to the stables complex
- Social distancing markers of 2m must be provided on the ground approaching the security office/hut entrance (*road paint, bollards, tape etc.*) and a table must be provided for the security hut/office to ensure social distancing
- One stable per runner will be in operation to comply with social distancing and infection control measures
- One groom per horse running on the day is permitted
- One additional person per training establishment with a horse running on the day is permitted, however Trainers should only avail of this additional person when necessary to limit overall numbers at race meetings
- In order to reduce traffic in the stable yard, horses and stable staff must not arrive too far in advance of their race and leave immediately after the horse runs
- Processes and signage to manage horse flow must be displayed throughout the stable yard in conjunction with the IHRB
- Stable staff are NOT permitted to enter the IHRB Sampling Unit Office Area or Security Offices
- Hand sanitiser must be provided at wash bays in the stables complex
- All toilet facilities in the racecourse stables must be deep cleaned prior to each race day. Please
  ensure toilets have hot water and are fully stocked (liquid soap in large dispensers, toilet roll,
  paper towels) and are disinfected regularly during each race meeting (at a minimum twice daily)



# **Veterinary Facilities**

- Racecourses must ensure there is plenty of soap and paper towels at the sink in Sampling Unit
- A strong/durable table is required at the entrance to Sampling Unit (preferably one which can be fixed to the ground)
- Large bottles of hand sanitising gel (preferably in pump action dispensers) must be provided on this table for use by the team/stablestaff before and after they interact
- Disinfectant cleaning material must be provided for hard surfaces within the Sampling Unit
- Social distancing markers of 2m must be provided on the ground at the Sampling Unit (can be spray paint or fluorescent tape similar to supermarket checkouts)
- Social distancing markers of 2m must be provided at boundary doors to the Sampling Unit
- Social distancing markers or bays of 3m (*for horses*) must be provided at the entrance to the stables where horses come in to be scanned
- Disinfectant cleaning material must be provided for the Racecourse Veterinary Surgeons box

Please note the following:

- Equine Passports: To reduce risk, an alternative system to check 'flu vaccination status has been implemented by the IHRB and passports will not be lodged on arrival until further notice
- Stablestaff are NOT permitted to enter the Sampling Unit Office Area the horse should be transferred from stablestaff to Veterinary Assistant when ready to sample and the sampling can be observed from outside the stable. Should a blood sample be required, the stablestaff will be given the appropriate PPE and can then enter the stable and hold the horse
- The stablestaff will then observe from the open office door the decanting, packing and sealing of the sample, with 2m social distancing ahhered to at all times
- All signing for samples to be completed outside the Sampling Unit adhering to 2m social distancing. The e-scanner will be disinfected before and after individual use

# **Toilet Provisions**

To assist with social distancing all toilet facilities in the racecourse must be opened for use during the race meeting. Please ensure toilets have been deep cleaned and disinfected prior to each race meeting and also regularly throughout each race meeting (at a minimum twice daily). Toilet facilities must be fully stocked (liquid soap in large dispensers, toilet roll, papers towels) with hot water available.

# Racecourse Signage

- Signage to indicate Parking Areas, the location of the Health Screening Check-in Area and entrance/exit points to the racecourse must be displayed for all attendees
- Updated signage recommended by the Government and HSE must be displayed throughout the racecourse premises in strategic areas (health screening check-in area, grandstand, weighroom area, changing rooms, press room, stables etc.)
- Social distancing floor markers must be provided outside the Health Screening Check-In Area with additional markers/tape left inside the building for the operators to use each day
- Social distancing floor markers must be provided on the weighroom floor leading up to the scales to signify where riders should stand prior to weighing out (similar to supermarkets)
- Social distancing markers in the parade ring must be provided (see details listed under parade ring/enclosure)
- Social distancing floor markers must be provided where attendees may queue for food (at any catering outlet areas) to ensure social distancing is enforced
- Social distancing markers of 2m must be provided on the ground at the entrance to the stableyard and IHRB Sampling Unit (see details listed under veterinary facilities)
- Social distancing markers of 2m for people and 3m for horses must be provided at the entrance to the stables where horses come in to be scanned
- Social distancing signage for Stableyard and Veterinary Facilities (will be issued separately to racecourses by the IHRB) should be displayed at all racecourses
- Signage on the door of the designated Isolation Room is required

For HSE signage, please access <u>https://www.hse.ie/eng/services/news/newsfeatures/covid19-updates/partner-resources/</u>



# **Racecourse Parking**

- Racecourses should have a well thought out traffic system for people and vehicles (particularly around the Health Screening Check-In Area and entrance and exit points)
- Parking must be provided within the enclosure for Jockeys to promote with social distancing
- Trainers driving their own personal cars should park where directed and enter through the Health Screening Check-In Area or via the stableyard (after completion of Health Screening Check-In)
- Please see Horsebox Car Park (above) for information to assist with the parking of horseboxes

#### For any further questions or queries in relation to these protocols please contact:

## Sharleen O'Reilly HRI | Racing Operations Manager



a: Ballymany, Curragh, Co. Kildare

t: + 353 (0) 45 455 411 e: soreilly@hri.ie

# **Racecourse Checklist**

Action:	✓/X
Entrance to the racecourse will be via the Health Screening Check-In Area, the stableyard and	
an entrance gate to allow Jockeys drive into the enclosure (only after completing the Health	
Screening Check-In upon arrival)	
Full list of attendees printed and with the AIR Card Operator on the day of racing	
Health Screening Check-In Area - podium type stand with high-chair or table and chair to be	
provided for scanning screen/laptop. 3 additional tables and chairs to be provided along	
with a barrier system which Operators can set out on the day. Social distancing floor	
markers outside Health Screening Check-In Area with markers/tape left inside for Operators	
to set up. Hand sanitiser to be provided at entrance to Health Screening Check-In Area	
along with signage clearly displayed in this area. Room temperature must be kept at a	
constant level (preferably no heating). No direct blow heating/air conditioning in line with	
the camera and black body	
Social distancing floor markers leading up to the scales in weighroom	
Additional alternative facilities for Jockeys and overflow facility for Stewards enquiries	
A table and chair for each jockey in the jockey changing facilities	
Parking area in the enclosure for Jockeys	
Perspex screen between Clerk of the Scales and the plate of scales	
Two Perspex screens attached to workbenches or similar for Valets (please liaise with Valets)	
Canopy/awning type cover outside the weighroom for trainers/grooms	
Gloves provided in the weighroom & table for colour bags transfer from Trainers to Security	
Social distancing standing markers in the parade ring & hand sanitiser in parade ring	
Social distancing markers for stakeholders around the parade ring (near TV's etc) – 2 metres	
Social distancing markers at catering/food outlets along with security/catering personnel to	
ensure social distancing	
A set of PVC paddock sheets – they must be cleaned and disinfected between each race.	
Disinfectant wipes and hand sanitiser should be provided where paddock sheets are located	
Bottled water must be provided	
Approved journalists/photographers list at Health Screening Check-In Area	
List of racecourse employees, Racecourse Doctors/Vets and other service provider employees	
at Health Screening Check-In Area	
Designated area (outside the weighroom) for press officials	
Racecards – Officials and one page	
Photo Finish/Judges room cleaned and disinfected prior to each race meeting	
Adjoining rooms near photo finish open for use along with bathroom facilities nearby	
Hand sanitising stations at Health Screening Check-In Building, ALL entrance & exits incl.	
stables complex and various other points throughout racecourse please note hand sanitisers	
must be at least 60% alcohol based	
Social distancing markers of 2m approaching entrance to stableyard security office/hut and	
a table must e provided for the security office/hut to ensure social distancing	
Areas listed within general hygiene section cleaned and disinfected prior to and during each	
race meeting	
Hand sanitiser at wash bays in the stables complex	
One stable per runner	
Processes and signage to manage horse flow displayed – <i>liaise with IHRB</i>	
Stableyard toilets deep cleaned prior to each race day - hot water available & fully stocked	
Soap & paper towels at sink in Sampling Unit	

Strong/durable table at entrance to Sampling Unit with large bottles of hand sanitising gel (preferably pump action dispensers)	
Disinfectant cleaning material for hard surfaces within Sampling Unit/RC Veterinary Surgeons Box	
Social distancing markers on ground at entrance to stableyard and IHRB Sampling Unit & boundary doors to Sampling Unit	
Social distancing markers of 3m (for horses) at the entrance to stables where horses scanned	
All toilet facilities open in racecourse deep cleaned prior to each race day. Hot water available and fully stocked	
All obvious points of contact disinfected regularly during each race meeting (at a minimum twice daily)	
Windows open in operational areas where possible and labelled waste bins to ensure all waste materials can be disposed of correctly	
Signage to indicate location of Health Screening Check-In Area, parking areas and entrance/exit points to the racecourse	
Covid signage recommended by the Government/HSE displayed throughout the racecourse	
Designated isolation room (with signage) notified to Doctor and Order of Malta on the day	



# **Protocols for Infection Control**

## Transmission of Covid-19:

- 1. Respiratory Droplets, which requires:
  - Prolonged contact, >15 minutes
  - Close contact, within 2m
- 2. Hand to face, which involves:
  - Touching of surfaces where respiratory droplets may have landed and then touching your face, transmission is through mucus membranes of eyes, nose and mouth

## **Close Contact Definition (48hours prior the index case developing symptoms):**

- 1. An individual who has had face to face contact (within 2m) for 15 minutes cumulative or longer with a confirmed case
- 2. Household contacts
- 3. For those contacts who have shared a closed space with a confirmed case, for more than 2 hours, a risk assessment is carried out taking into account size of the room, ventilation etc.

## **General Measures:**

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to your car and call your GP
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

Above all else these are the measures that will offer you the greatest protection while at work or indeed at home:

- 4. Social distancing
- 5. Hand washing
- 6. Wear a Face Covering

#### HAND WASHING AND GENERAL HYGIENE

#### How to wash your hands:

- 1. Wet your hands with warm water and apply soap
- 2. Rub your hands together until the soap forms a lather
- 3. Rub the top of your hands, between your fingers and under your fingernails
- 4. Do this for about 20 seconds
- 5. Rinse your hands under running water
- 6. Dry your hands with a clean towel or paper towel

The same technique applies to alcohol-based hand sanitiser

#### Other recommendations:

- Leave arms bare to the elbows for ease of washing, climate permitting
- Shower upon return home
- Wash clothes after each day
- Leave footwear in your car boot or outside your house
- Do not bring unnecessary personal belongings onto the Racecourse premises and wash or wipe phones, pens, cups / food containers etc upon leaving

#### **DISPOSABLE GLOVES**

#### HSE Advice:

Disposable gloves are worn in medical settings. They are not as effective in daily life. Wearing disposable gloves can give you a false sense of security. If you are wearing gloves, please heed the HSE advice below:

- Do not wear disposable gloves instead of washing your hands
- The virus gets on them in the same way it gets on your hands
- Also, your hands can get contaminated when you take them off

#### You might:

- sneeze or cough into the gloves this creates a new surface for the virus to live on
- contaminate yourself when taking off the gloves or touching surfaces
- not wash your hands as often as you need to and touch your face with contaminated gloves

#### DISPOSABLE MASKS / FACE COVERINGS

- Face masks/Face coverings are mandatory for all attendees at race meetings
- See Protocols for Starting Stalls and Protocols for Jockeys for specific recommendations for these groups.

As with the wearing of gloves, there are concerns that the wearing of face masks/face coverings leads to complacency. The wearing of a face mask/face covering incorrectly may also inadvertently increase your risk of transmitting the virus.

#### HSE Advice:

Do:

- Clean your hands properly before you put it on
- Cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask
- Tie the mask securely
- Replace the mask as soon as it is damp or after four hours

#### Don't:

- Do not touch the mask while wearing it if you do, clean your hands properly
- Do not use a damp or wet mask
- Do not reuse a mask

#### To take a mask off properly:

- Remove it from behind do not touch the front of the mask
- Put it in a bin straight away
- Clean your hands properly

#### CLEANING OF SURFACES

- All work-station surfaces will be regularly cleaned throughout the racing day
- Pay careful attention to frequent touch sites such as door handles, backs of chairs, handheld equipment
- Remember regular hand washing / sanitising

#### Please refer to Protocols for Disinfection and Hygiene at Racecourses

#### Protocols are subject to change pending Government advice



# **Protocols for Health Screening**

## **ATTENDEES include:**

i.	IHRB Staff and Stewards	ix.	Trainers
ii.	HRI Staff	х.	Stablestaff (incl. Box Drivers)
iii.	IRIS Staff	xi.	Racecourse Veterinary Surgeons and Doctors
iv.	SIS Staff	xii.	Valets
٧.	Racing TV and RTE Staff	xiii.	Ambulance Provider
vi.	Journalists and Photographers	xiv.	Irish Blue Cross Personnel
vii.	AIR Commentator and Operator	xv.	Racecourse Staff and any other Racecourse Service Providers
viii.	Jockeys		

## PART 1

## **PRE-RETURN SCREENING:**

- To be completed by all attendees by 11pm the day before they expect to attend their first race meeting and by no later than 11pm the day before every other race meeting
- The responses to the questionnaire will go directly to the Senior Medical Officer
- All attendees at a race meeting must be pre-approved to attend in advance by the SMO. The pre-approval will be based on the responses included in the questionnaire
- SMO will follow up with those on whom there may be concerns and this person must not attend until clearance is given
- Based on responses SMO to follow HSE guidelines on need for testing / self-isolation (<u>https://www2.hse.ie/conditions/coronavirus/testing.html</u>)
- Do not come racing if you have symptoms of fever, cough or shortness of breath
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>

The questionnaire will include the following questions:

- 1. Have you received a diagnosis of COVID-19 at any stage?
- 2. Do you think you may have had COVID-19 but have not been tested?
- 3. Have you been in close contact with someone who has COVID-19 in the last 14 days? (less than 2m for more than 15 minutes accumulative in 1 day)
- 4. Do you have flu-like symptoms, including fever, cough, or shortness of breath now or in the last 14 days?
- 5. Do any of your household members currently have flu-like symptoms, including fever, cough, or shortness of breath?
- 6. Do you undertake any other work that may place you at risk of COVID19 exposure? For example, hospital, Nursing Home or other healthcare setting, Meat processing plant, any workplace where social distancing is not possible or is not being implemented?
- 7. Do any of your household members work within a healthcare facility where there are currently cases of Covid-19?
- 8. Have you received treatment as an inpatient in hospital within the last 14 days?
- 9. Have you travelled abroad, including the UK, within the last 14 days?
- 10. Do you suffer from an underlying medical condition which places you in a high-risk category, as outlined by the HSE, that might cause you concern while attending a race meeting?

## PART 2

## SCREENING UPON RETURN TO RACING:

- Daily review of all attendees due to attend a meeting via a screening questionnaire
- All attendees will be required to complete health screening by <u>no later than 11pm the</u> <u>day before</u> the next meeting they are due to attend
- Responses will go directly to the SMO for clearance or otherwise
- Only those with pre-clearance will be allowed access to the race meeting
- SMO will follow up with anyone on whom there are concerns and this person must not attend until clearance is given

The screening questionnaire will include the following questions:

- i. In the last 24hours have you any symptoms of fever, cough or shortness of breath?
- ii. Have you or any member of your household had contact with a confirmed case or probable case of Covid-19 in the last 14 days?
- iii. Have you or a member of your household travelled abroad in the last 14 days?
- Anyone wishing to attend a race meeting who had previously been approved are obliged to report any feeling of being unwell or any new contact with a known case of COVID-19 to the SMO and not attend a race meeting
- Continued entry to the Racecourse will be based upon clearance given by SMO in advance based on completion of above

## PART 3

#### **TEMPERATURE CHECKS:**

- All attendees to a race meeting will have their temperatures checked upon arrival
- Any attendee showing a high temperature will not be permitted to enter

#### PART 4

#### **EDUCATION:**

- Mandatory and documented once completed
- To include:
  - i. COVID-19 update including symptoms
  - ii. Protocols for Infection Control
  - iii. Racecourse protocols
  - iv. IHRB / HRI Staff protocols
  - v. Protocols for Trainers/Jockeys/Stablestaff/Horse Transporters
  - vi. Individual Employer Protocols
  - vii. Protocols for International Travel
  - viii. Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

#### **SUMMARY:**

- i. Pre-return screening questionnaire
- ii. Continuous monitoring upon return
- iii. Education platform, regularly updated
- iv. Temperature checks on arrival to race meeting

All the above measures will be completed on every attendee to an Irish Horse race meeting prior to admission being granted.



# **Protocols for Attendees to Gain Entry to a Race Meeting**

## Who can attend?

- IHRB Officials/HRI employees working at the race meeting
- IHRB Stewards working at the race meeting
- IRIS employees working at the race meeting
- Ambulance Provider (as required to service the race meeting)
- Racecourse employees (as required to service the race meeting)
- Valets working at the race meeting
- Racecourse Doctors
- Racecourse Vets
- AIR Commentator
- Racecourse AIR Card Reader Operator
- Irish Blue Cross Horse Ambulance Service (as required to service the race meeting)
- Jockeys riding in the race meeting and Jockey Drivers (when applicable)
- Trainers with a horse running at the fixture may attend. Should the Trainer be unable to attend the fixture they may send **one** Authorised Representative in their place
- One groom per horse running on the day
- One additional person per training establishment with a horse running at the fixture (only where necessary)
- Farrier working at the race meeting
- One representative of Associations whose attendees are permitted to be at the race meeting
- Racecourses are permitted to nominate one attendee
- Journalists/Photographers with prior approved accreditation through Barbara White at HRI please email bwhite@hri or by phone 087 2511482)
- Other racecourse service providers

## Before you come racing the first time:

- <u>EVERYONE must register for Health Screening and complete the baseline</u> <u>questionnaire by 11pm the day before your first meeting – please visit</u> <u>http://www.ihrb.ie/health-screening</u> for full information on how to register and complete health screening or <u>www.medical-ihrb.com</u>
- You will receive a Barcode on your phone or via email (which you need to print out)
- You must bring this barcode to the race meeting

## Before you attend your next race meeting:

- EVERYONE must complete a screening questionnaire by <u>no later than 11pm the day</u> <u>before</u> their next race meeting – this will generate a health screening barcode
- This must be completed **EVERY TIME** you come racing, even if that means completing the questionnaire every day
- The Barcode will remain valid for 24 Hours only, therefore if you have not completed it before racing the next day you **will not be granted entry, no exceptions**
- It is imperative that you are truthful with your answers

## Upon arrival at the race meeting:

- Go immediately to the Health Screening Check-In Area
- Three stages:
  - 1. AIR Card / Name checked from list of documented attendees
  - 2. Health Screening Barcode scan
  - 3. Temperature Check
- You need to pass all three stages to gain entry
  - 1. If your name is not on the list No Entry
  - 2. If you Barcode reads RED No Entry
  - 3. If your temperature reading is high No Entry
- Please see Protocols for Health Screening Check-In at Racecourses for full details

This process has been developed to ensure the safety of everyone attending a race meeting behind closed doors. It is imperative that you follow the instructions given to you.

**No exceptions** will be made, even for those who will be attending racing every day - your Health Screening Barcode is only valid for 24 hours.



# **Protocols for Health Screening Check-In at Racecourses**

## **INSTRUCTIONS FOR OPERATORS**

#### <u>Set Up</u>

- Podium type stand with high-chair or table and chair to be provided for temperature scanning screen and laptop (*this should be provided by the racecourse*)
- 3 tables to be provided in this area by the racecourse (2 for station 1 and 1 for wristbands following all checks)
- As per operational advice set up the camera technology 3 metres required between the two units and allow 1m around each unit to help eliminate any contact with the tripods
- Room temperature must be kept at a constant level (preferably no heating)
- No direct blow heating/air conditioning in line with the camera and black body
- Arrange barrier system (provided by racecourse see picture below as an example) and social distancing markers in the building for each station (approach to Station 1, approach to Station 2 etc.)
- Where there is only one entrance/exit door, consideration needs to be given to allow one person leave before another enters, where that person is returning to their car or the stableyard. This should be controlled by the operators at Station 1
- Scan each other's AIR cards, Health Screening Barcode and check your temperature Covid-19 Compliance Officer to observe





## Station 1

- Social distance markers to be placed on ground leading up to the entrance (to be put in place by racecourse)
- Attendees to enter one at a time in line with social distancing
- Two tables to be set up inside the door (2m apart)
- Markers in front of each table to advise attendee to stand behind this line
- Attendee to place AIR card on the first table and Health Screening Barcode on the second table and step back behind the designated lines
- Operators and attendee to be at least 2m apart at all times
- If both AIR card and Health Screening are successful, attendee progresses to Station 2

## Station 2

- Attendee to progress through the temperature screening system
- Operator and attendee to be at least 2m apart at all times
- Operator will monitor the system for the buzzer/light indicating a high temperature reading
- If temperature normal, no buzzer/light, attendee is granted access
- Wrist band placed on table for attendee to pick up and place on arm themselves (wristbands will be colour coded based on areas of permitted access)
- Attendee to enter racecourse via the Health Screening Check-In Area or through one of the other of two designated gates as advised (gate to drive vehicle into enclosure or stableyard)

## **General Requirements**

- Barrier system set up to allow one-way flow of traffic through the stations (*barrier system* to provided by racecourse)
- 3 tables (AIR Card Operator, Health Screening Barcode and wristbands) along with podium type stand with high chair or table and chair to be provided for scanning screen/laptop (*this should be provided by the racecourse*)
- Room temperature must be kept at a constant level (preferably no heating)
- No direct blow heating/air conditioning in line with the camera and black body
- Social distance markers to be in place on ground outside the Health Screening Check-In Area and on the floor inside
- Doors and windows to be open where possible to improve ventilation
- Hand sanitiser to be available at entrance to Health Screening Check-In Area for all to use upon arrival
- Gloves to be worn by Operators along with regular hand washing/sanitising and regular changing of gloves
- Face masks/coverings to be worn by Operators

## MANAGEMENT OF ATTENDEES WHO DO NOT MEET REQUIREMENTS

#### **Introduction**

- Education of all attendees will be carried out by written and verbal instruction prior to resumption of racing
- A zero-tolerance policy will be in operation
- Responsibility lies with each provider to ensure all their members are informed of Health Screening procedures, particularly those who are not licensed by the IHRB
- See procedures below regarding management of failed Health Screening
- IHRB Security Team will be available to assist with any AIR card issues
- Any attempts to bypass the system must be reported to IHRB Head of Security. Disciplinary action will be taken in line with the Acting Stewards of the IHRB on the day
- You will have the support of the Covid-19 Compliance Officer at each meeting
- You will have the support of the IHRB Senior Medical Officer, either at the race meeting or remotely via mobile phone

#### AIR Cards

- IHRB staff, HRI staff, Jockeys, Trainers, Stablestaff, AIR staff, Bluecross staff, Valets, SIS and IRIS staff to show AIR card for admission <u>please place the card on the table for</u> <u>the AIR card reader Operator to scan in order to prevent cross contamination</u>
- HRI to provide each racecourse with list of approved Journalists/Photographers
- HRI to provide each racecourse with list of approved Jockey Drivers (when applicible)
- IRIS to provide each racecourse with a list of employees, RTV presenters and RTE staff permitted to attend <u>(racecourse to include on the list for AIR Card Operator in Health Screening</u> <u>Check-in Building)</u>
- Racecourse to provide list of staff, racecourse doctors/vets and all third-party service provider employees permitted to attend <u>(racecourse to print full list and give to Operator in Health Screening Check-in Building</u>)
- IHRB Security Team will be available to assist with any AIR card issues
- If an attendee does not have a valid AIR Card and is not granted clearance by IHRB Security Team or is not on the designated list provided by the racecourse then access is denied at this first stage

#### Health Screening Barcode

- All attendees will have been advised to <u>register and complete the Health Screening</u> <u>Questionnaire by no later than 11pm the day before they expect to attend their first</u> <u>race meeting and by no later than 11pm the day before</u> every other race meeting
- The system will show green or red when scanned
- Green means go and they can proceed to temperature check
- **Red** means they have either not completed the Health Screen prior to the meeting or they have failed the health screen, **entry will not be granted**
- The Operator will not be aware of the reason for a Red scan result
- Every **Red** attendee will have been notified in advance of the meeting not to attend and therefore should not be presenting

- In the event that this is a system error and the attendee requests clarification, give them the card which explains the Red result and advise they contact Dr Jennifer Pugh on the mobile number provided
- Under no circumstances is a red scan result allowed access to the Racecourse. In the event this is a system failure you will be notified by Dr Jennifer Pugh and that person allowed access
- Please ensure any red attendees do not loiter around the Health Screening Check-in building while seeking clarification, but return to their car and wait
- Record all attendees refused admission on log sheet and email copy to jennifer.pugh@ihrb.ie

## Temperature Check

In the event that the buzzer/white light activates indicating a high temperature reading:

- Advise the attendee of the high reading and give them the re-check Information Card
- Ask them to leave the check-in area, go back outside and return in 15 minutes for a recheck
- Inform the Operator at Station 1 who will allow the attendee back in after 15 minutes
- Allow the attendee to have the temperature rechecked upon return
- If normal, no buzzer/white light, allow them to proceed as per protocol
- If temperature remains high on second reading, offer temperature check with manual infrared thermometer (attendee to do this themselves shown by the Operator)
- If manual check remains high, give the attendee information card on high temperature reading and ask them to return to their car, they will **not be permitted** entry to this meeting
- If manual check shows a normal temperature, inform the Doctor on duty of the discrepancy, they will speak with the attendee and decide upon admission
- Record all attendees refused admission on log sheet and email copy to jennifer.pugh@ihrb.ie

## **INSTRUCTIONS FOR ATTENDEES**

#### **Introduction**

- Education of all attendees will be carried out by written and verbal instruction prior to resumption of racing
- Health Screening is mandatory for ALL racecourse attendees at EVERY race meeting
- This will be strictly enforced with a zero-tolerance policy
- Three components are required and all three must be completed before entry will be granted:
  - **1.** AIR card scan where applicable or pre-determined list
  - 2. Health Screening Questionnaire Barcode scan
  - 3. Temperature check

There will be no exceptions.

## Upon Arrival at the Racecourse

- Identify where the Health Screening Check-In Area is and go there immediately
- Have your AIR card in your possession if applicable
- Have your Phone in your possession with Health Screening Barcode ready
- If you do not have a Smart phone, have your printed barcode ready
- Sanitise your hands before entering the area

#### Station 1

- Approach the Health Check-In Area using the social distancing markers which will be laid out
- Enter the area one at a time when advised by the Operator
- Place your AIR card on the first table and Health Screening Barcode on the second table and step back behind the designated lines
- When your AIR card and Barcode have been successfully scanned collect both from the tables
- Progress to Station 2

#### Station 2

- Walk through the temperature scanning camera
- When approved proceed to the next table and collect your wrist band (*wristbands will be colour coded based on areas of permitted access*)
- Proceed into the Racecourse through the designated entrance
- Return to your car if you are required to bring your car into the enclosure or racetrack
- Return to the Stableyard entrance if required to enter through that gate
- Please note if there is only one entrance/exit door await instruction from the Operators at Station 1 when it is safe leave, in line with social distancing

#### **General Requirements**

- Walk through the temperature scanning camera
- Always abide by the instructions of the Operators
- Always maintain at least 2m distance from others, including the Operators
- If you have been wearing a woolly hat upon arrival, either leave it on throughout the check-in or remove it 10 minutes in advance (removing the hat immediately before the temperature check may give you a false reading)
- Remove sunglasses before progressing through the temperature scanner

# IF YOU FAIL TO PASS THE HEALTH CHECK-IN

IHRB Staff	Individual to contact Clerk of the Course immediately
HRI Staff	Individual to contact HRI Covid 19 Compliance Officer
	immediately
Other Staff	Individual to contact Line Manager immediately
Jockey	Operator to contact Clerk of Scales immediately via IHRB
	Radio
	Jockey to contact connections
Trainer/Representative	Nominate another Trainer present on the day to fulfil their
	role
	Form to be signed at Check-in desk and details to be relayed
	to Clerk of Scales immediately via IHRB Radio
Stablestaff	If travelling alone, return to car and leave the racecourse
	Trainer to look after horse and seek assistance from other
	stablestaff if no other stablestaff from that yard present
	If travelling with a horse, find an alternative way home and
	another staff member to drive the horsebox
	another start member to unve the horsebox
	If you are required to drive the horsebox and are clinically
	well, remain in the horsebox until the horse is ready to leave
	· · · · · · · · · · · · · · · · · · ·
	the racecourse, drive the horsebox home without making
	contact with your trainer or any other staff members
	If you travelled to the responsive with enother staff member
	If you travelled to the racecourse with another staff member,
	please inform the SMO Dr Jennifer Pugh who will liaise with
	this staff member and advise accordingly

## INFORMATION CARD FOR FAILING OF HEALTH SCREENING APP/BARCODE



Please leave the Check-In Area and return outside immediately to read this card You are not authorized to attend today's race meeting and are asked to return home.

Your Health Screening Barcode has resulted in a **RED** result. This may be because:

- 1. You did not complete the IHRB online Health Screening which requires:
  - Registeration by 11pm the day before your first race meeting
  - Completion by 11pm the day before all subsequent meetings OR
- 2. Your answers to the questionnaire raised some concerns

In the event of Number 1 please log onto the Website/App to register and complete the questionnaire before your next race meeting.

In the event of Number 2: you should have already been notified by the Senior Medical Officer that you were not to attend this meeting and been given appropriate advice. Dr Jennifer Pugh will contact you within the next 24 hours to discuss this further and your next attendance.

If you require further clarification please call Dr Jennifer Pugh on 087-2788717

PLEASE NOTE THESE PROCEDURES ARE IN PLACE TO ENSURE THE SAFETY OF ALL ATTENDEES AND YOU COOPERATION IS GREATLY APPRECIATED.

INFORMATION CARD FOR FAILING OF TEMPERATURE CHECK – 1<sup>ST</sup> ATTEMPT



Please leave the Check-In Area and return outside immediately to read this card.

Your temperature check today has shown a high reading which may indicate you have a fever.

This may be an inaccurate reading for several reasons, for example:

- 1. Travelling in your car with the heater on
- 2. Taking off a woolly hat just prior to the reading

You are advised to remain outside or in your car in a cool environment Remove any hat you may be wearing Avoid any activity that may cause you to sweat **Return to the Check-In Area after 15 minutes and have your temperature rechecked.** 

PLEASE NOTE THESE PROCEDURES ARE IN PLACE TO ENSURE THE SAFETY OF ALL ATTENDEES AT AND YOU COOPERATION IS GREATLY APPRECIATED.

## INFORMATION CARD FOR FAILING OF TEMPERATURE CHECK – 2<sup>ND</sup> ATTEMPT



Please leave the Check-In Area and return outside immediately to read this card. You are not authorized to attend today's race meeting and are asked to return home.

Your temperature check today is indicative of you having a high temperature or a fever.

Your temperature has now been checked twice by the thermal camera system and once manually.

You may have a high temperature for several reasons including the possibility of Covid-19 Infection. You are advised to return to your vehicle and ring your GP for advice.

If you travelled to today's Race meeting in the same vehicle as another attendee please inform Dr Jennifer Pugh 087-2788717, of if you require further clarification on any issue.

Dr Jennifer Pugh will contact you within the next 24 hours to discuss this further and your next attendance.

If you travelled to today's race meeting in the same vehicle as another attendee please inform Dr Jennifer Pugh 087-2788717 immediately.

PLEASE NOTE THESE PROCEDURES ARE IN PLACE TO ENSURE THE SAFETY OF ALL ATTENDEES AT AND YOU COOPERATION IS GREATLY APPRECIATED.



# **Protocols for Medical Provision**

In collaboration with Order of Malta:

## AMBULANCES AND PERSONNEL

- Ambulance provision in accordance with usual track requirements
- Order of Malta personnel numbers in accordance with crew requirements per ambulance and for provision of parade ring cover and Duty Officer
- Ambulance crews for track ambulance will consist of two OMAC personnel and one Doctor per ambulance
- Two doctors, one IHRB and one Racecourse are required as normal
- Ambulances to be disinfected throughout the day as per provider protocols

## MEDICAL ROOM AND TRANSPORT

- Avoid transport to the Medical Room where possible when a rider requires hospital transfer, transfer directly from the track to hospital
- Where the Medical Room is required make sure windows and doors are open to improve ventilation and all touch surfaces must be disinfected after use. Cleaning personnel will be available throughout the day on the Racecourse to assist
- Minimum number of personnel to be in the Medical Room at any one time

## PERSONAL PROTECTIVE EQUIPMENT

- All personnel travelling in an ambulance during racing are required to wear a standard surgical mask in accordance with HSE HCW guidelines.
- Aprons and gloves should be worn in addition to surgical masks, in anticipation of treating an injured rider
- Fallen riders who are ambulatory and with no obvious injury shall return as usual in the back of the ambulance
- Treatment of riders who require management on the course will proceed as follows:
  - > All attendees: Surgical mask, apron and gloves
  - Airway or Cervical Spine management / Oxygen administration: FFP3, goggles/visor and gown

Please note where full PPE is required, another member of the team may be required to **briefly** control cervical spine and airway while full PPE is donned by the appropriate person, if this is not possible then PPE donning takes priority.

# ASSESSMENT OF RIDER POST-FALL

- Concussion assessment to be carried out in compliance with 2m distancing, (preferably outside in a secluded area, to protect confidentiality):
  - > Helmet check
  - Maddock's questions
  - > Tandem stance
- Examination and treatment of injuries:
- Assessment of an ambulatory rider with no injury should also be performed outside in a secluded area along with the concussion assessment
- Doctor on duty to assess the facilities and the nature of each injury and decide on where best to treat
  - If using Medical Room, ensure it is spacious and well ventilated with minimum of personnel required, disinfect after use
  - If using the Ambulance, ensure doors and windows are open where possible and the ambulance is disinfected after use
- PPE use when examining and treating injuries
  - Doctor / EMT / EFR: Mask, gloves, apron
  - Rider: Mask
  - > 2m when taking history, examination time to be limited to 15minutes when possible
- Riders will be reminded of their responsibility to present to the Doctor following a fall, particularly if they have made their own way back
- In the event you need to locate a Jockey, please contact Assistant Clerk of the scales on the Radio who will send remind the rider when they return to weighroom
- Jockeys will be based either in an overflow changing facility which allows for social distancing, or in their cars which will be parked in the enclosures adjacent to the weighroom
- Where a rider is going on 'Alert' please notify Dr Jennifer Pugh and see notes below the paper notification system at the scales will no longer be in operation

# **ISOLATION ROOM**

- An Isolation Room will be identified at each Racecourse and the Doctors and Ambulance Personnel will be made aware of its location on the day
- All attendees will be pre-screened (please see Protocols for Health Screening) to reduce the likelihood of someone attending with symptoms of Covid-19
- Any attendee who becomes unwell during the day has been asked to return to their car and call their GP
- In the event someone presents to the Medical team with any symptoms suggestive of Covid-19 they should be immediately placed in the Isolation room and assessed with appropriate PPE as per HSE Guidelines

# **OTHER CONSIDERATIONS**

#### General:

- Always maintain 2m distance from colleagues and participants when possible
- Hand hygiene and cough etiquette remain paramount
- Please do not attend if you are unwell
- Please note there will be no catering available at the Racecourse
- Restrict movements to within your working area
- Use your car as a base either beside the medical room or on the track if inclement weather
- Avoid congregating in the Medical Room

#### Weighroom

- Access to the weighroom is restricted to essential personnel only
- Collect radio from weighroom at start of day and return after racing (radios will be disinfected after each meeting)
- Collect Laptop from weighroom beside Clerk of Scales, disinfect and return after racing
- Liaise with the Clerk of the Scales and/or the Assistant throughout the day on the radio
- Alternative arrangements for signing in will be in place contact Clerk of the Course on arrival to notify him/her of your attendance
- Jockeys will access the weighroom only to collect their gear and weigh out / in

#### Health Screening

All racecourse attendees will be subject to health screening and symptom monitoring. Temperature checks will be carried out in accordance with Department of Health guidelines.

• Please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

#### Protocols are subject to change pending Government advice



# **Protocols for Disinfection and Hygiene at Racecourses**

In collaboration with the Irish Equine Centre:

#### General:

- Ventilation: ensure windows of all indoor spaces are open
- Hot water must be available in all areas including weighroom, medical room, veterinary unit and all toilet facilities for hand washing
- Ensure there are adequate hand towels, soap and bins throughout the racecourse
- Ensure adequate hand sanitiser is available at the Health Screening Check-In Area, within the stableyard, parade ring and weigh room areas
- Ensure indoor spaces are clutter free with all non-essential furniture and equipment removed for ease of cleaning and disinfecting
- Cordon off any area within the enclosures or buildings that will not be in use, bearing in mind the need to maximise the space available for social distancing
- Attention always should be paid to all touch surfaces

#### **Before Racing:**

A deep clean of all racecourse premises should be performed in advance of a race meeting. A deep clean involves:

- Wash all facilities completely using a detergent to remove dirt and grime
- Once the facilities are visually clean, they should be disinfected using an appropriate disinfectant making sure to get a coating of disinfectant on all surfaces.

Areas to be deep cleaned include:

- Health Screening Check-In Area
- Weighroom
- Stewards Room (including any additional Steward Room facilities)
- Camera and Commentary Postions
- Additional Jockey Changing areas
- Photo Finish/Judges Room
- Stewards Box / Head-on viewing Tower
- Veterinary Units
- Medical Room
- Security Huts in stableyard
- Designated Isolation Room
- All toilet facilities

Special attention to be given to:

- Door handles
- Hand-rails internal and external including staircases
- Barriers including around parade ring and on grandstand
- Hard surfaces including work tops, tables and chairs
- Elevator buttons
- Light switches
- Tap handles
- Toilets

#### **Specific Areas:**

#### Weighroom:

- Tables and worktops in Valets Room
- Clerk of the Scales table and chairs and Scales plate
- Stewards Room table and chairs (additional Stewards Room in use at some racecourses)

#### **Stableyard:**

- Inside and outside of all stable walls
- Stable doors and door handles/bolts
- Veterinary boxes and unit including worktops, tables and chairs
- Wash bay walls and Wash bay spray guns
- Outside taps

#### **Security Office/Huts:**

- Tables and worktops inside and outside the security huts
- Inside and outside walls of huts

#### **During Racing:**

- Disinfection of all the above areas must be undertaken at regular intervals during racing, at a minimum twice during racing
- Stableyard wash bay spray guns to be disinfected after every race
- Disinfection materials to be left in the Veterinary Unit and Medical Room where IHRB staff will disinfect after every contact
- Regular restocking of hand sanitising gel, paper towels, toilet rolls and emptying of bins throughout race day

#### After Racing:

A deep clean as described above will be required after every race meeting

# **Starting Stalls:**

- Starting stalls should be power washed with detergent and sprayed with disinfectant before each race meeting and again after racing
- Starting stalls should be disinfected between each race using a knap sack sprayer filled with pre-mixed disinfectant and disinfectant wipes will be available should there be a need to remove any other debris from stalls during racing

# **Definitions:**

**Cleaning** removes germs, dirt, and impurities from surfaces or objects. Cleaning is in relation to low-risk surfaces, such as floors, windows, etc., where the likelihood of pathogen transfer from the surface is low. Household detergents are used for cleaning. There is no point disinfecting surfaces if they are not clean and free from dirt and grime unless you use a product which has been proven effective in soiled conditions. There is often confusion between the use of detergents and disinfectants. Detergents are used to remove grime and dirt; disinfectants are used to kill microbes.

**Deep cleaning** is the general sanitising of floors, bathroom fixtures, furniture items, food preparation surfaces, etc. which ensures that the above are clean and descaled, as well as reductions in the numbers of some common allergens and bacteria. The products (Sanitizers) used contain different types of cleaning agents, which, may not be effective against viruses, fungi and various types of dangerous bacteria.

**Disinfection** is the process of eliminating or reducing harmful microorganisms from inanimate objects and surfaces. Disinfection is appropriate for frequently touched surfaces and surfaces likely to harbour pathogens. High touch surfaces include, tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.

#### **Covid-19 and disinfection:**

Covid-19 can live on surfaces for up to nine days and can survive in the air for a number of hours. It lives on plastic and metal for longer periods than glass or wood. All contact surfaces should be cleaned and disinfected prior to racing and at a minimum of twice per day and more frequently if there is high throughput or any incident that is likely to have contaminated surfaces (for example a person with coughing or sneezing).

The most useful disinfectants at present are those which utilise resistant or reactive barrier technology which means it continues working on a hard surface against bacteria, fungi and viruses for extended periods ranging from 2-4 weeks. These types of disinfectants are used extensively in the horse industry already as they suit the environment and range of pathogens inherent in the industry. The Animal health trust issued a report where they showed that Equizar (Sterizar) was still working in an effective way in the presence of dirty conditions (animal faeces) after 6 weeks.

# **Recommended Disinfectants:**

Product name	Parent product	Active Ingredient	Virus tested against	Residual barrier	Available from	Effective Dilution rate
Sterizar	Sterizar	BenzalKonium Chloride Dimetyl-ammonium chloride.	Feline Calicivirus	28 days	Crown supplies UK	1/50
CONTROL	CONTROL	Didecyldimethylammonium chloride Alkyl Dimetyl Benzyl ammonium chloride	Coronavirus (SARS Associated) Human Coronavirus & Others	28 days	Ryan Cleaning	Ready to use
Equizar	Sterizar	BenzalKonium Chloride Dimetyl-ammonium chloride.	Feline Calicivirus	28 days	TRI IRE	1/50
Stable Shield	Sterizar	BenzalKonium Chloride Dimetyl-ammonium chloride.	Feline Calicivirus	28 days	Yard stable hygiene UK	1/50
Bio-stable	Sterizar	BenzalKonium Chloride Dimetyl-ammonium chloride.	Feline Calicivirus	28 days	Bred thorough UK	1/50
Steri-7	Steri-7	Dimetyl-ammonium chloride.	Norovirus SARS	14 days	TRI IRE Sentinel	1/50
Virkon-S	Virkon	Potassium peroxymonosulfate	Rotavirus	None	TRI IRE	1/100

# Method of Application:

**High touch areas:** Tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, guns for hoses in wash bays, weighing scales, etc. should be cleaned and then disinfected by wiping down using disposable cloths or wipes with one of the above disinfectants. Wipes of the better disinfectants are becoming very difficult to get for obvious reasons. Using disinfectant and disposable cloths is more cost effective in the current climate. You are also assured of constant supply.

**Medium touch areas:** External of stable doors, external of toilet doors, external walls of stables, saddling boxes, outside of veterinary boxes, starting stalls, handrails in stands or on stairwells to weighrooms or changing rooms etc) basically any surfaces which are likely to be touched should be disinfected prior to the meeting using one of the above disinfectants, preferably with reactive barrier technology using a fogger *(explained below)* or battery powered sprayer *(explained below)*.

Low touch areas: Any other surface which is unlikely to be touched but there is a possibility that it may happen such as external walls at the entrance to toilets, offices etc should be disinfected with a reactive barrier disinfectant prior to the race meeting.

#### **Foggers:**

Fogging Machines convert diluted disinfectant liquid into tiny droplets which are then applied at high pressure velocity on to the relevant surface. The droplet size means you penetrate every nook and cranny while only using small amounts of diluted disinfectant per area. The application is particularly useful in areas which require frequent disinfection and quick turnaround time i.e. (weighroom etc).

#### Example: https://drive.google.com/file/d/1BDsMoWKaj9e\_Hov8f2Ai\_6-nDRuv9gk7/view

All of the above disinfectant suppliers have various types of foggers for supply.

#### **Battery powered sprayers:**

This method of spraying has become very popular (please see an example below). They are battery powered (lasts for 8 hours). They are extremely mobile and can be used in areas where power may not be available to use a fogger. They spray the disinfectant in small droplets at the surface, the disinfectant spreads across the surface because of velocity giving excellent coverage, but it does not rebound at the person applicating like a fogger does. This method is much more user friendly (no need for extensive PPE). They are much quicker than foggers as you do not need to keep moving electric cables. They are more efficient at exact disinfection in particular areas than foggers are which disperse sporadically. They are also more environmentally friendly in outdoor areas as they do not dissipate into the air like foggers do.



#### Other points to note:

Anti-microbial paints are now being used extensively in racing yards, stud farms and veterinary practices. They are proven to prevent microbial growth on the surface to which they are applied. They are more expensive to buy, however the cost of application is the same no matter what paint is used and they last for up to 5 years. They give an extra layer of protection. The ideal places to use them is where there is high throughput or footfall. i.e. weighroom, vet boxes, medical centres, steward's rooms. The product used in racing is Stable shield.

Protocols are subject to change based on Government guidance



# **Protocols for Raceday Veterinary Operations**

#### INTRODUCTION

All aspects of raceday operations have been reviewed by HRI/IHRB to develop and document safe procedures for racing resumption in the Covid-19 era. As part of this, we have agreed this protocol for racehorse casualty management with the Association of Irish Racecourse Veterinary Surgeons (AIRVS), the Equine Group of Veterinary Ireland (EVI) and the Irish Blue Cross (IBX) to ensure a consistent approach across all tracks.

This Protocol has been distributed to members in these associations and is summarised here.

#### **OVER-ARCHING PRINCIPLES**

- Correct hygiene and biosecurity measures as currently required by government and the HSE and set out elsewhere in this document must be adhered to at all times by all personnel working in this area
- The **minimum** number of people needed to safely and effectively manage the casualty should be deployed
- **Basic PPE of masks and gloves will be worn by all before dealing a casualty** because they will be working inside the 2 m required for social distancing
- Any steps that can be taken to deal with a scenario as rapidly as possible whilst remaining safe and effective should be taken to reduce time of potential exposure
- Interaction should be by mobile phone rather than face to face wherever possible
- Own vehicles should be used as a 'safe base' at all times with no passengers to be carried
- Minimum number of personnel at all times, so one person per role

#### WHO NEEDS TO BE INVOLVED

- Primary attending RVS, IBX driver, jockey and **horse handler** only with second RVS/VO and ground staff as necessary at safe distance
- Horse handler. At least one dedicated experienced horse handler is to be identified by the Racecourse to handle the horse in these critical situations, more if the layout of the track requires it. There is a specific need for this now to make operations as efficient as possible – they should be vehicle based and clearly identified to RVSs and IBX before racing starts
- The people involved will be documented by the Racecourse based on a report from the primary attending RVS after the incident

# **IRISH BLUE CROSS POLICY**

- The IBX have carried out a full risk assessment for the safe operation of their essential service in relation to the management of equine casualties on the racecourse
- This risk assessment and specific procedures are set out in the IBX's own protocol for the handling of the horse and associated equipment, with the following key points,
  - Screens to be disinfected by racecourse staff after use
  - > No 'non-essential' carry-in's in the ambulance under any circumstances
  - > Correctly applied PPE to be used whenever working with a casualty within 2m
- There is a resilience plan in place by the IBX for all racecourses to provide back up in case the primary scheduled Blue Cross team is unavailable
- IBX ambulance is only to be used for true casualty management to be adjudged on a case by case basis at the entire discretion of the IBX driver

# **IHRB/RVS CLINICAL INFORMATION TRANSFER**

- The IHRB Veterinary Report (equine injury) paper pad is no longer to be used
- Instead, the RVS contact list will be used to create racecourse specific WhatsApp groups which the Veterinary Officer (VO) for the day will set up
- Pre-existing relevant clinical information held by the IHRB to be shared via the group for the day ahead of the first race
- Updates will be provided by RVSs through the day via the WhatsApp to the same level of detail as was previously used on the paper Veterinary Report pad
- A standard format for each WhatsApp report will be used as these will be forwarded to the trainer by the VO at the end of the day as necessary in order that they/their veterinary surgeon know what has been done and what treatment has been given
- The VO will respond to each entry to confirm receipt, then upload the information onto Epona (the IHRB equine injury/clinical information database) when possible
- The day's WhatsApp thread will be deleted by VO once uploaded into Epona.
- The IHRB will e mail the trainer with the report of the injury/treatment as taken from Epona to back up the WhatsApp already received

#### PPE

- To be updated on an ongoing basis according to the advice of the IHRB Senior Medical Officer according to government requirements.
- Currently, mask and gloves for all those working with an injured horse within the 2 m distance or inside in a Veterinary Unit treatment box
- Each group is responsible for providing its own PPE and means of adopting the hygiene measures required, such as carrying water, hand sanitizer, paper towels etc.

# **RVS COVER/RESILIENCE**

- RVSs are normally provided by local practices. If a usual RVS is unable to cover the race duty for Covid-19 related reasons, the first option is to provide another RVS from their practice, or an alternative, provided that the basic requirements of the AIRVS Code are met, i.e.:
  - > At least 5 years qualified or application to the IHRB for exceptional clearance
  - > Active in equine veterinary work with experience of racecourse work
  - > Appropriate indemnity insurance
  - Member of VCI/RCVS and AIRVS
- As a second option if such an RVS is not available, the racecourse will contact the IHRB and the following process will be activated:
  - Contacting the RVSs listed as able to attend that particular track from the AIRVS/IHRB 'pool' of available RVSs that have volunteered to make themselves available, and fit the above criteria
  - Ensuring that they are put in touch with the other RVS(s) and the VO due on duty, that they know where to attend and have the relevant contact numbers
  - > Note this will be a temporary cover situation which does not replace the usual RVS.
  - NB: Extra RVS to be cleared by health screening in case needed at short notice i.e. if a racecourse intended to schedule 3 RVSs, 4 RVSs should be advised to clear the checks in order that on is on standby

#### MANAGEMENT OF HORSE/STAFF AROUND THE RVS VETERINARY UNIT

- Working with IHRB Officials to mark out appropriate social distancing markers on the ground at the entrance to RVS Veterinary Units if they are not already in place
- Tape or ground paint marking a boundary at the entrance to the Veterinary Unit
- A further mark 2 m back from this (as in supermarkets at the check-out)
- Warm water, soap and paper towels next to the sink in the Unit
- Cleaning material for the hard surfaces and a means of applying them

#### MINIMIZING RVS/STAFF/TRAINER INTERACTIONS

- Only necessary examinations to be performed, such as assessing injuries
- No endoscopy service to be performed on track until further notice
- Where possible, examinations should be carried out outside
- When carried out in the box, an awareness of SD to be maintained as far as possible
- Increased use of sedation may be necessary to reduce the amount of people/contact involved in the examination and treatment of a horse – a twitch, neck hold etc should be only used when necessary as it necessitates prolonging proximity within the 2m social distance

# **OTHER CONSIDERATIONS**

#### General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- Please wear PPE as required by IHRB/racecourse policy
- Please use your own car for breaks/refreshments
- Only RVS should attend no students, family, additional people in the vehicle
- If you become unwell while at the races go immediately to your car and call your GP
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- If you have recently engaged in veterinary work in meat plants, please provide a cert from the meat plant stating there have been no cases of COVID-19 in the previous 14 days along with a self-declaration stating same.

#### **Health Screening**

• Please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses for further details

#### Travel:

#### Please refer to Protocols for International Travel

#### Protocols are subject to change based on Government guidance



# **Protocols for Irish 'Elite' Race Meetings 2021**

## **Elite classification:**

The following race meetings are classified as Elite:

Punchestown Festival	Tuesday 27 <sup>th</sup> April 2021 to Saturday 1 <sup>st</sup> May 2021		
Curragh Irish 2000 and 1000 Guineas	Saturday 22 <sup>nd</sup> May 2021 to Sunday 23 <sup>rd</sup> May 2021		
Curragh Irish Derby Festival	Friday 25 <sup>th</sup> June 2021 to Sunday 27 <sup>th</sup> June 2021		

All races at these meetings are considered Elite and so the following protocols will be put in place for eligible Jockeys to ride in all races and all trainers and stablestaff to travel to Ireland while complying fully with Covid-19 Protocols.

#### Aim:

- To create a bio-secure bubble of International participants travelling to Ireland for 'Elite' race meetings, as defined by Horse Racing Ireland, <u>excluding participants travelling from</u> <u>Category 2 countries. Please note this list is subject to change</u>
- To limit numbers travelling to those essential for the safe management and welfare of the horses participating, and the Jockeys participating at these meetings
- To eliminate the risk of a participant travelling to Ireland with Covid-19 through serial pre-departure Covid-19 PCR testing
- To monitor the health of participants during their stay with health screening and Covid-19 PCR tests as determined by a participant's length of stay
- To ensure full compliance with HRI Protocols for race meetings behind closed doors
- To restrict the whereabouts of all participants while in Ireland to a designated confined Zone, preventing any interaction with the community
- To comply at all times with Public Health advice relevant at the time to include social distancing, hand hygiene, good respiratory etiquette and the wearing of face coverings among key practices

For the purposes of this protocol, essential attendees including jockeys, trainers and stable staff are referred to as 'participants'.

A specified member of the Racecourse Team will be appointed as Compliance and Liaison Officer to the International Participants and will coordinate with Sharleen O'Reilly, HRI Racing Operations Manager and Dr Jennifer Pugh, IHRB Senior Medical Officer regarding the implementation of these protocols.

# PART 1

#### **Pre-Departure:**

#### **Essential Participants only as listed below may attend:**

- Trainer or their representative
- One senior groom per yard
- One groom per horse
- Commercial Horsebox Drivers where applicable
- Jockeys riding at the race meeting

#### **Application Form - to be completed in advance:**

Application forms must be completed in advance by all participants and submitted to the Racecourse Liaison Officer. The form will detail the following information:

- Role (Trainer / Jockey / Stable staff / Transport Driver)
- Departure / Arrival / Return Dates
- Dates which Trainer/Jockey has runners /rides at the meeting
- Mode of transport and persons with whom you plan to travel
- No stop over on route to the Racecourse is permitted
- Mandatory attendance for all participants at HRI/IHRB pre-festival Protocol Webinars

#### **Pre-departure Covid-19 PCR Testing:**

- All participants to have Covid-19 PCR tests within 72 hours of departure and submitted to the Racecourse
- A negative Covid-19 PCR test is a requirement of the Irish Government to be permitted entry to Ireland and will be checked at airports and ferry ports

# PART 2

#### **Racecourse On-Site Protocols:**

**The International Zone** will comprise Accommodation and International Stable Yard:

- Any international participants will be confined to this <u>designated</u> area for the duration of their stay
- Transfers to and from the Racecourse to hotel accommodation will be included in this Zone
- International Zone wristbands will be issued each day at the Health Screening Check-In Area to identify participants and allow access to the transfer shuttle and the Hotel

#### **Racecourse Participant Daily List:**

The racecourse must issue a list of ALL participants to HRI each day to include the following:

- Arrival times of participants and their horses
- Number of participants and the names of those on site each day, including non-race days
- Names of participants requiring Racecourse access on race day (jockey with ride, trainer/stable staff with runner)

#### **Daily Health Screening:**

- Health screening must be completed each day that a participant is in Ireland
- On Race days this will be via the IHRB Health screening system
- On non-race days provision can be made to use the IHRB Health screening App or the Racecourse may facilitate health screening manually by way of a paper format questionnaire
- A health screening check-in station must be available for all attendees upon arrival to the International stable yard each morning on race and non-race days
  - Please provide a different coloured wrist band for all participants for access to the International Zone on non-race day and race day
- On Race days all participants must make their way to the IHRB Health check-in station as soon as it is open
- Participants will receive the IHRB race day wrist band upon completion of IHRB check-in to gain access to the Racecourse on race day

# **Stableyard Protocols:**

- International horses and staff to be facilitated in an area which is <u>separate</u> to Irish horses and staff. This can be a fenced off area if no separate stable block is available
- Use of separate facilities including bathroom and catering areas within the vicinity of the International stable yard must be available
- International participants must adhere to social distancing and public health measures in line with HRI protocols at all times within the segregated International area of the stable yard
- Use of Irish based staff by International Trainers is permitted but once committed to the 'International Bubble' these staff must stay within it and cannot provide services for Irish yards for the duration of these meetings (i.e. there should be no circumstances in which International and Irish based staff will be mixing)
- Where an International Trainer is solely using Irish based staff then they are permitted to remain in the usual stableyard and do not join the 'International Bubble'
- Irish Jockeys are permitted to gallop horses in the morning but must meet these horses out on the gallop and not enter the International section of the stableyard

# Accommodation and Catering:

- Accommodation for all participants must be either on-site at a pre-defined hotel (arranged by the racecourse)
- Participants will not be permitted to arrange their own accommodation or stay anywhere else in Ireland
- Hotel accommodation must be in close proximity to the Racecourse and must include the following:
  - > Be able to keep participants separate to other residents at the hotel.
  - > No communal areas are to be in use
  - Room service may be required to allow for dining if no separate dining area is available
  - Single room occupancy, unless those attending already live together
- A dedicated shuttle service will be operated from the hotel to a single access point into the Racecourse International Zone each day. No use of personal or rental cars will be permitted
- Catering on race days should be from a separate stable staff canteen/other facility within the International stableyard area
- Catering for Jockeys and Trainers on the race day will be in line with HRI protocols for race meetings behind closed doors at the time
- Requests for extra supplies or any urgent requests can be catered for through the Racecourse Liaison Officer

# **Covid-19 Testing During the Meeting:**

- Less than 48-hour duration of stay: no additional testing
- Greater than 48-hour duration of stay: Covid-19 PCR test to be taken after 48 hours of arrival to Ireland. This will be co-ordinated by IHRB Senior Medical Officer
- Covid-19 testing can be facilitated for any participant who requires a negative test to return to their home country

# PART 3

#### **Race Day Protocols:**

- All participants must familiarise themselves with HRI Protocols for race meetings behind closed doors. Please see: <u>https://www.hri.ie/covid-19-protocols/</u>
- Daily health screening is mandatory for all essential attendees to the racecourse and must be completed on the IHRB Health Screening App in advance. Please see: <a href="https://www.ihrb.ie/health-screening">https://www.ihrb.ie/health-screening</a>
- A separate attendee list of all International participants essential to attend each meeting
  must be sent to HRI by the Racecourse <u>by no later than 2pm</u> the day before each race
  meeting and a copy must also be provided to the Health Screening Check-In Area at the
  racecourse
- Racecourse access is limited to the following essential participants each day:
  - > Trainers with a runner on the day
  - Senior groom and one groom per horse running that day
  - Jockey with a ride on that day
- All other participants will be limited to the International stable yard or hotel accommodation during racing hours
- All participants will leave the Racecourse as soon as their role is complete (either returning to the International Zone or returning home)

#### **Jockey Specific Protocols:**

- Use of separate changing area to Irish jockeys
- Valet system will operate as for Irish Jockeys with International jockeys entering the weighroom after their Irish colleagues
- Weigh-out and weigh-in procedures will be in line with IHRB protocols
- Only a jockey with a ride on the day is permitted to access the racecourse enclosures, all others to remain in the International Zone
- Jockeys to leave the site as soon as their participation at the race meeting is complete

# Conduct on site for the duration of stay:

- All participants must adhere to HRI/IHRB/Racecourse Protocols including before and after the race meeting and on non-race days
- IHRB Code of Conduct agreement must be signed by all participants prior to departure
- Participants in breach of protocols will be subject to BHA and /or IHRB Disciplinary proceedings
- Trainers are responsible for the conduct of their staff and will be disciplined accordingly for any breach of protocols within their teams

#### General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races, please liaise with the Racecourse Compliance and Liaison Officer or Senior Medical Officer Dr Jennifer Pugh
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Daily Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

#### **Health Screening**

• Please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses for further details

#### Protocols subject to change based on Irish and International Government Guidelines



# **Protocols for Jockeys**

#### General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to your car and call your GP or Senior Medical Officer Dr Jennifer Pugh
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

#### Weighroom Specific:

- Access restricted to collecting riding gear and weighing out
- Once weighed out you must leave the weighroom immediately, trainer will collect saddle at main door of weighroom then wait outside, in your car or in the additional changing area. Riders must listen carefully for the call to go to the parade ring which may come over the Public Address
- If you are required to weigh back in this will be performed on an additional set of scales outside the main weighroom
- After your race re-enter the weighroom through the back door, leave saddle in and leave again **immediately**
- Do not enter the weighroom to weigh out until the riders are in the parade ring for the preceding race
- There will be no showers, saunas or televisions in use in the weighroom
- It is preferred that jockeys base themselves from their cars for the day. An additional area will be provided for changing and a checking scales will also be provided 2m social distancing must always be kept in this area and the least amount of time necessary spent here

- Where possible get colour bag from your trainer that morning before racing and also get your instructions prior to entering the parade ring
- No loitering in the weighroom at any time

#### Parade ring before and after race:

- Stand apart from your trainer in the parade ring before the race, 2m distance
- If you can jump on your horse without needing a leg up, please do so
- At the start make use of the available space to walk around keeping distance from other horses where possible
- On pulling up walk back in separately keeping your distance from other horses, do not walk alongside another horse discussing the race with your colleague
- Debrief with trainers must be outside the parade ring or via telephone when racing is over
- Winners enclosure: follow instructions of photographer and keep 2m distance from trainer/groom
- Jockeys are required to wear a face covering/face shield but will have the option to remove during a race
- No celebratory hugs or hand shaking at this time

#### Press Room:

• Access to the Press room (and overflow press facilities) is restricted to press officials only

#### **Other Requirements:**

- You will require your AIR card to gain access to the racecourse at all times <u>please</u> <u>leave the AIR card on the table for the Operator to scan in order to prevent cross</u> <u>contamination</u>
- No car-pooling unless it is strictly with a fellow rider with whom you share accommodation
- Entry to the racecourse will be via through a designated entrance (after completion of Health Screening Check-In)
- You will be allowed to park in the enclosures close to the weighroom to allow use of your car between races
- No loitering around the weighroom or enclosures and no congregating together in groups, 2m distance at all times everywhere
- Do not arrive early and leave as soon as you have finished
- There will be limited outdoor catering facilities available at race meetings

## Travel:

Please refer to:

- Protocols for International Travel for Jockeys
- Protocols for International Travel

#### **Health Screening:**

Pre travel screening of all those planning to travel and continuous monitoring of symptoms during your time here in Ireland will be performed by the Senior Medical Officer. Please refer to Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses for further details.

#### **Documents:**

Notifications of who and when persons arrive to be lodged with the IHRB in advance of travel. Digital copies of airline/boat tickets and receipts/confirmation of accommodation will be requested to ensure accuracy of details.

#### **Industry Assistance Programme (IAP):**

Horse Racing Ireland has engaged the services of Workplace Options to provide an Industry Assistance Programme (IAP) should you need some extra support in these challenging times. The IAP is confidential, free to use and is open to everyone who works in the racing industry. It is staffed by a team of highly trained and qualified professionals who are experts in fields such as well-being, family matters, relationships, workplace issues, consumer rights and much more. Full details of the programme can be found at <a href="https://www.workinracing.ie/industry-welfare/industry-assistance-programme/">welfare/industry-welfare/industry-welfare/industry-assistance-programme/</a> where there is a short video which outlines the service.

#### Permission to race will be a discretion of the IHRB

Protocols are subject to change based on Government guidance



# **Protocols for International Travel for Jockeys** For specific advice in relation to travel please contact the SMO in advance

# Applicable to:

- Group 1, 2, 3 and Listed Race days, limited to professional jockeys with a ride in a Group 1, 2, 3 or Listed race
- Grade 1, 2, 3 and Listed Race days, limited to professional jockeys with a ride in a Grade 1, 2, 3 or Listed race
- May be applicable to other race meetings deemed an internationally important competitive level event as defined by HRI

#### General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of individual alcohol-based sanitiser and wipes
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Face coverings are mandatory indoors, and in crowded areas where social distancing cannot be maintained
- Always adhere to 2m social distancing
- Avoidance of risk behaviour (e.g. indoor croweded activities, social events)
- If you become unwell while at the races you will have access to the IHRB Senior Medical Officer and IHRB Medical Officers on duty on the race day
- Health screening daily health screening questionnaires and temperature testing

#### **Professional Jockeys Travelling to Ireland from Abroad:**

Subject to individual approval from IHRB Senior Medical Officer (SMO) Jennifer Pugh in advance of travel.

#### Pre-Travel

- Notification to SMO as soon as jockey is aware of an upcoming ride in Ireland
- Daily symptom and temperature monitoring prior to travel to be reported to SMO

- A negative/'not detected' Covid-19 PCR antigen test 24-72 hours before the race day (to be arranged in country of residence at own cost)
- Details of activities and countries travelled to in preceding 14 days
- Details of Racing Protocols in place in their country
- The following details to be logged with the IHRB/SMO
  - Name and date of birth
  - Copy of passport
  - > Dates of travel (departure and return)
  - > Names of any countries that jockey will visit or transit through during the trip
  - Confirmation that jockey will be travelling solely to and from the venue for racing purposes
  - > Confirmation that the jockey will self-restrict when not attending the racecourse

#### Travel to Ireland

- Flight details to be logged with IHRB in advance
- Arrival on the day of the Race, not in advance were possible
- Departure on same day as last ride, preferably within 24 hours of arrival to Ireland, with the exception of a two-day meeting
- Private flight options, if available, are encouraged
- Adherence to all airport and flight protocols is paramount, including use of fast track facilities and the wearing of face coverings
- Social distancing at all times while in airport

#### Transfers to and from the Racecourse

- Use of a hire car to travel alone to the Racecourse is preferable
- Use of Taxis service under current Government guidelines for this sector, including wearing of face covering
- If travelling in a car with another person wear a face covering
- Do not use Public transport
- Do not use trainer/jockey/stable staff from Irish yard for transfers

#### **Health Screening**

- Completion of the **IHRB online Health Screening** the day before intended rides along with daily questionnaire prior to any subsequent meetings
- Pre-travel symptom monitoring with SMO as described above
- Negative/'not detected' Covid-19 PCR test between 24-72hours before race day

Please refer to Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

#### Use of Racecourse Facilities

- All jockeys to familiarise themselves and adhere to HRI Protocols for race meetings behind closed doors
- Separate changing facility for International jockeys will be available
- Weigh room procedures to be strictly enforced
- Face covering to be worn at all times and good hygiene practices applied
- Social distancing is crucial at all times to ensure no close contact with anyone else on the race day, including connections and other jockeys
- Remain outside for as much time as possible and otherwise remain in your own changing area

#### Overnight

- Hotel reservations to be confirmed and logged with IHRB in advance
- Ensure hotel has:
  - Adequate cleaning protocols
  - > Appropriate staff use of PPE,
  - Staff adherence to social distancing
  - Adequate signage
  - Provision of adequate hand sanitiser stations
  - Regular cleaning of common touch surfaces
- Transfers from Racecourse to Hotel as outlined above Do not use public transport
- Self-restriction of movements overnight:
  - > Remain in hotel at all times
  - > No socialising with friends, family or connections
  - > No use of hotel restaurants or bars
  - Do not use hotel gym / spa
- Transfer back to Racecourse or airport the following morning as outlined above

#### Management of suspected COVID-19 Cases

- All visiting jockeys will have access to the IHRB SMO and IHRB Medical Officers on duty on race day
- Isolation facilities and appropriate PPE are available at all Irish Racecourses should someone become unwell with suspected symptoms of Covid-19

# The IHRB and HRI also reverve the right to require further tests as necessary and dictated by the individual circumstances

Any breach in Protocols will be referred to the IHRB Permission to race will be a discretion of the IHRB Protocols are subject to change based on Government guidance

# Professional Jockeys Travelling to Ireland (Non Black Type Races)

# Applicable to:

• Non Black Type (Group/Graded/Listed)

HRI Protocols for race meetings behind closed doors will comply with quarantine guidelines in line with Government policy. This will apply to all Jockeys travelling to ride in Ireland in races other than Group or Graded races. For further information please visit:

# https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/

# Pre-departure Covid-19 PCR Test

All Jockeys arriving into Ireland (except if your journey originates in Northern Ireland) are required to have a negative/'not detected' result from a pre-departure Covid-19 PCR antigen test carried out no more than 72 hours prior to arrival in Ireland. Antigen or other test types do not meet the requirements.

You will be asked to show evidence of this negative/'not detected' result before boarding the airplane or ferry from the country you are travelling from and will be denied boarding if you cannot produce such evidence. Once you arrive in Ireland you have to provide this evidence to Irish immigration officers. You should retain the written confiramtion of your test result for at least 14 days.

If you arrive without evidence of a negative/'not detected' result from a Covid-19 PCR antigen test, or a valid exemption, you must enter and pay for mandatory quarantine in a hotel until you either receive a negative/'not detected' test result or you have quarantined in the hotel for 10 days.

If you arrive into Ireland from overseas and enter via Northern Ireland, you must have a negative/'not detected' Covid-19 PCR antigen test taken within 72 hours of arrival at the point of entry and retain this test result for 14 days after arrival.

# Post Arrival Non Designated High Risk Countries Quarantine Requirements:

A legal requirement to quarantine has been introduced for all passengers arriving into Ireland (except if your journey originates in Northern Ireland) – with very limited exceptions.

Professional Jockeys travelling to Ireland from non designated high risk countries will be asked to provide evidence of their pre-departure negative/'not detected' Covid-19 PCR antigen test result to the IHRB along with proof of date of arrival to Ireland in the form of flight/ferry tickets. Jockeys will also be required to submit a negative/'not detected' Covid-19 PCR antigen test taken on or after day 5 of arrival to the IHRB before being permitted to access the racecourse.

Professional Jockeys travelling to Ireland from non-designated high risk countries to ride in non Group/Graded races are required to:

- Inform the IHRB Senior Medical Officer of the name and dates of person travelling
- Provide the IHRB with a pre-departure negative/'not detected' Covid-19 PCR antigen test result within 72 hours of travel – this will be their own responsibility and at their own expense
- Provide evidence of date of arrival to Ireland to commence 14 day period of quarantine (flight/ferry tickets and accommodation details) at the address specified on the Passenger Locator form
- Jockeys who travel from another country to Ireland, and arrive via Northern Ireland, must also observe the mandatory quarantine regime
- You may only leave your place of residence during quarantine period for unavoidable reasons of an emergency nature to protect a person's health or welfare or to take a Covid-19 PCR antigen test no less than 5 days after your arrival
- Have a Covid-19 PCR antigen test taken no less than on Day 5 after arrival– this will be their own responsibility
- Submit a negative/'not detected' Covid-19 PCR antigen test on or after day 5 result to the IHRB the necessary quarantine period may be lifted on receipt of a written negative/'not detected' result from a Covid-19 PCR antigen test taken on Day 5
- Permission will be granted to race on Day 6 if the Covid-19 test result is negative/'not detected'
- Please note quarantine in Ireland includes no work and no attendance at a race meeting
- Adhere to protocols outlined in the elite athlete exemption while attending the race meeting in Ireland (see above)

Please note Covid-19 PCR antigen test results can take up to 24 hours to be returned, therefore please factor this into your schedule as you will only be allowed to attend a race meeting when the IHRB receive a negative/'not detected' test taken on Day 5 (i.e. result likely to be on Day 6).

# Post Arrival Designated High Risk Countries Quarantine Requirements:

# Jockeys arriving into Ireland from specific countries designated high risk must do the following:

All Jockeys arriving into Ireland from specific countries designated high risk (or who have travelled through an airport/port in a high-risk country) are required to pre-book accommodation in a designated quarantine facility, and to pre-pay for their stay.

- A 14-day mandatory quarantine period must be undertaken at the designated quarantine facility
- If you receive a 'not detected' result from a Covid-19 PCR antigen test taken on no less than day 10, your period of quarantine will finish. It may also be extended if a passenger tests positive during their stay

- Anyone arriving overland into Ireland from Northern Ireland who has been in or through a designated high risk country in the previous 14 days is responsible for making their own way to their pre-booked designated quarantine hotel within 4 hours
- For a full list of designated high risk countries please visit: <u>https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/</u>

Please note Covid-19 PCR antigen test results can take up to 24 hours to be returned, therefore please factor this into your schedule as you will only be allowed to attend a race meeting when the IHRB receive a negative/'not detected' test.

For the purposes of horse racing, no Jockey is considered exempt from the quarantine/selfrestriction periods outlined above, unless they are using the elite athlete exemption for Group, Graded or Listed races.

# Irish Based Professional Jockeys Travelling Abroad to Ride in Group, Graded or Listed Races:

#### Pre-Travel

- Notification to SMO as soon as jockey is aware of an upcoming ride in abroad
- Daily symptom and temperature monitoring prior to travel to be reported to SMO
- A negative/'not detected' Covid-19 PCR antigen test 24-72 hours before the race day (to be arranged through IHRB SMO)
- Details of activities and any countries travelled to in preceding 14 days
- Knowledge of Racing Protocols in place in the country to which you are travelling
- Medical review by SMO 2-4 days before travel
- The following details to be logged with the IHRB/SMO
  - > Name and date of birth
  - Copy of passport
  - > Dates of travel (departure and return)
  - > Full event details (country, racecourse, race, horse and date) that jockey is attending
  - > Names of any countries that jockey will visit or transit through during the trip
  - Confirmation that jockey will be travelling solely to and from the venue for racing purposes only
  - > Confirmation that the jockey will self-isolate when not attending the racecourse
  - Confirmation of accredited laboratory testing arrangements upon return to Ireland if applicable (to be arranged through SMO)
  - Self-restriction address upon return to Ireland

#### Travel arrangements to that Country

- Where possible travel to and from a country to be limited to same day
- All flight details to be logged with IHRB in advance
- Private flight options, if available, are encouraged
- Adherence to all airport and flight protocols is paramount, including use of fast track facilities and the wearing of face coverings
- Social distancing to apply at all times while in airport

#### Transfers to and from the Racecourse

- Use of a hire car to travel alone to the Racecourse is preferable
- Use of Taxis service under current Government guidelines for this sector, including wearing of face covering
- If travelling in a car with another person wear a face covering
- Do not use Public transport

#### Health Screening

- Pre-travel requirements as above to include a negative/'not detected' Covid-19 PCR antigen test 24-72 hours before the race day
- Following health screening requirements in line with the racing authority of the country to which you are travelling
- Racing authority of that country to be informed of travel and protocols of that jurisdiction to be reviewed and understood

#### Use of Racecourse Facilities

- Strict adherence to protocols of the racing authority of the country to which you are travelling
- Social distancing is crucial at all times to ensure no close contact with anyone else on the race day, including connections and other jockeys
- Remain outside for as much time as possible and otherwise remain in your own changing area
- Face covering to be worn at all times while on the racecourse and as required by local authority during a race along with good hygiene practices applied

#### Overnight

- Aim to return to Ireland on the same day as the race if possible
- If hotel accommodation is necessary, reservations to be logged with IHRB in advance
- Transfers from Racecourse to Hotel as outlined above
- Ensure hotel has:
  - Adequate cleaning protocols
  - Appropriate staff use of PPE,
  - Staff adherence to social distancing,
  - Adequate signage
  - Provision of adequate hand sanitiser stations
  - Regular cleaning of common touch surfaces
- Self-restriction of movements overnight:
  - Remain in hotel at all times
  - > No socialising with friends, family or connections
  - No use of hotel restaurants or bars
  - Do not use hotel gym / spa
- Transfer back to Racecourse or airport the following morning as outlined above

#### Procedure upon return and for the following 14 days

- On return, the minimum quarantine period is 5 days, you may continue to race ride during this period
- A Covid-19 PCR antigen test must be taken on Day 5 after return, and this allows the quarantine period to end if negative
- If your stay abroad is greater than 72 hours you will be required to have a Negative Covid-19 PCR test in the country you are visiting, to allow entry back to Ireland

- Subsequent testing on Day 10 will be at the discretion of the SMO
- Daily symptom check with Senior Medical Officer
- Daily temperature checks
- Strict adherence to HRI Protocols for race meetings behind closed doors upon return to Irish racecourses
- You must travel to the races alone
- A separate changing facility will be made available to returning jockeys and use of your car between races will be necessary for 14 days upon return
- Continue to wear a face covering at all times while on the racecourse
- You will be required to self-restrict your movements outside of racing activities to include:
  - Do not use public transport
  - Limit visitors at your home to close family and the travel group
  - > Do not visit others, even if you usually care for them
  - Do not go to the shops or pharmacy unless it is absolutely necessary where possible order your groceries online or have some family or friends drop them off
  - Do not meet face-to-face with older people, anyone with a long-term medical condition or pregnant women

#### **Riding Out**

- Upon receipt of a negative/'not detected' Covid-19 test at Day 5 on return home, a jockey may return to training by riding out
- You may only ride out in one yard for 14 days upon return. Do not travel to different yards
- You must travel to the yard alone and do not share transport with anyone else
- You must socially distance at all times from your colleagues
- Do not use any of the indoor facilities such as tack room or canteen facilities
- Use your own tack and disinfect thoroughly after use
- A face covering must be worn, except when on horseback
- Leave the premises as soon as you have finished riding out
- Hand washing and cough etiquette remain vitally important
- Stay at home and contact the SMO if you feel unwell
- Self-restrict your movements at all other times when not riding out

#### Management of suspected COVID-19 Cases

- All returning jockeys will have access to the IHRB SMO and IHRB Medical Officers on duty on race day
- Isolation facilities and appropriate PPE are available at all Irish Racecourses should someone become unwell with suspected symptoms of Covid-19
- Any suspected case of Covid-19 upon return will be dealt with in line with HSE and Public Health Guidelines

The IHRB and HRI also reverves the right to require further tests as necessary and dictated by the individual circumstances. Any breach in Protocols will be referred to the IHRB. Permission to race will be a discretion of the IHRB. Protocols are subject to change based on Government guidance

# Irish Jockeys Travelling Abroad (Non Black Type Races)

# Applicable to:

• Non Black Type (Group/Graded/Listed Races

HRI Protocols for race meetings behind closed doors will comply with quarantine guidelines in line with Government policy. A Jockey will be permitted to travel to ride in another country in any races under the following rules and restrictions upon return. This will apply to all Jockeys travelling abroad to ride in races other than Group or Graded races. For further information please visit:

# https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/

# **Pre-departure Covid-19 PCR Test**

Irish Jockeys returning to Ireland (except if your journey originates in Northern Ireland) are required to have a negative/'not detected' result from a pre-departure Covid-19 PCR antigen test carried out no more than 72 hours prior to arrival in Ireland. Antigen or other test types do not meet the requirements.

You will be asked to show evidence of this negative/'not detected' result before boarding the airplane or ferry from the country you are travelling from and will be denied boarding if you cannot produce such evidence. Once you arrive in Ireland you have to provide this evidence to Irish immigration officers. You should retain the written confiramtion of your test result for at least 14 days.

If you arrive without evidence of a negative/'not detected' result from a Covid-19 PCR antigen test, or a valid exemption, you must enter and pay for mandatory quarantine in a hotel until you either receive a negative/'not detected' test result or you have quarantined in the hotel for 10 days.

If you arrive into Ireland from overseas and enter via Northern Ireland, you must have a negative/'not detected' Covid-19 PCR antigen test taken within 72 hours of arrival at the point of entry and retain this test result for 14 days after arrival.

#### Post Arrival Non Designated High Risk Countries Quarantine Requirements:

A legal requirement to quarantine has been introduced for all passengers arriving into Ireland (except if your journey originates in Northern Ireland) – with very limited exceptions.

Professional Jockeys returning to Ireland from non designated high risk countries will be asked to provide evidence of their pre-departure negative/'not detected' Covid-19 PCR antigen test result to the IHRB along with proof of date of arrival to Ireland in the form of flight/ferry tickets. Jockeys will also be required to submit a negative/'not detected' Covid-19 PCR antigen test taken on or after day 5 of arrival to the IHRB before being permitted to access the racecourse.

Irish Jockeys Travelling Abroad are required to:

- Inform the IHRB Senior Medical Officer of dates of travel in advance
- Attend the IHRB SMO for a pre-departure (within 72 hours of travel) negative/'not detected' Covid-19 PCR antigen test, this test may remain valid to allow your re-entry to Ireland within 72 hours
- If your pre-departure test is outside of the 72 hours of your return to Ireland you will need to have a further negative Covid-19 PCR test in the country you have travelled to in order to be allowed entry back to Ireland
- Provide evidence of date of arrival to Ireland to commence 14 day period of quarantine (flight/ferry tickets and accommodation details) at the address specified on the Passenger Locator form
- Jockeys who turn to Ireland and arrive via Northern Ireland, must also observe the mandatory quarantine regime
- You may only leave your place of residence during quarantine period for unavoidable reasons of an emergency nature to protect a person's health or welfare or to take a Covid-19 PCR antigen test no less than 5 days after your arrival
- Have a Covid-19 PCR antigen test taken no less than on Day 5 after arrival— this will be arranged through the SMO
- Submit a negative/'not detected' Covid-19 PCR antigen test on or after day 5 result to the IHRB the necessasry quarantine period may be lifted on receipt of a written negative/'not detected' result from a Covid-19 PCR antigen test taken on Day 5
- Permission will be granted to race on Day 6 if the Covid-19 test result is negative/'not detected'
- Please note quarantine in Ireland includes no work and no attendance at a race meeting

Please note Covid-19 PCR antigen test results can take up to 24 hours to be returned, therefore please factor this into your schedule as you will only be allowed to attend a race meeting when the IHRB receive a negative/'not detected' test taken on Day 5 (i.e. result likely to be on Day 6).

# Post Arrival Designated High Risk Countries Quarantine Requirements:

# Jockeys returning to Ireland from specific countries designated high risk must do the following:

All Jockeys arriving into Ireland from specific countries designated high risk (or who have travelled through an airport/port in a high-risk country) are required to pre-book accommodation in a designated quarantine facility, and to pre-pay for their stay.

- A 14-day mandatory quarantine period must be undertaken at the designated quarantine facility
- If you receive a 'not detected' result from a Covid-19 PCR antigen test taken on no less than day 10, you period of quarantine will finish. It may also be extended if a passenger tests positive during their stay

- Anyone arriving overland into Ireland from Northern Ireland who has been in or through a designated high risk country in the previous 14 days is responsible for making their own way to their pre-booked designated quarantine hotel within 4 hours
- Please see link below for advide on exemptions, including vaccination status
   For a full list of decignated high risk countries please visit.
- For a full list of designated high risk countries please visit: <u>https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/</u>

Passengers undertaking a short journey abroad originating in Ireland, of less than 72 hours duration, may require a Covid-19 PCR antigen test taken in Ireland before departure to comply with the requirement to present a test result on return to Ireland. For specific advice in relation to a short journey abroad please contact the SMO in advance of travel.

For the purposes of horse racing, no Jockey is considered exempt from the quarantine periods outlined above, unless they are using the elite athlete exemption for Group, Graded or Listed races.

Please note all rides taken outside of Ireland to be discussed with the IHRB SMO Dr Jennifer Pugh in advance of travel. Cost of Covid-19 PCR antigen tests are at the Jockeys expense.

Covid-19 PCR test results can take up to 24 hours to be returned, therefore please factor this into your schedule as you will only be allowed to attend a race meeting when the IHRB receive a negative/'not detected' test result.



# **Protocols for Trainers**

# General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to your car and call your GP
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Trainers with a horse running at the fixture may attend. Should the Trainer be unable to attend the fixture they may send **one** Authorised Representative in their place
- No owners can arrive on the day to attend the race meeting
- Where a trainer has more than two runners, no more than two stablestaff should travel in one vehicle
- Trainers can enter via the Health Screening Check-In Area or via the stableyard (after completion of Health Screening Check-In)
- Stable staff must enter the racecourse via the stable yard (after completion of Health Screening Check-In)
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

# Weighroom Specific:

- Access to the weighroom is restricted to essential IHRB Officials, Jockeys (to weigh in/out), Security Staff and Valets
- Trainers/grooms may collect saddles in a designated area outside the main door of the weighroom
- Where possible Trainers should provide the Jockey with the colour bag and racing instructions before racing. If not possible colour bags should be left at the designated door at the weighroom

# Parade ring before and after race:

- One Trainer or their Authorised Representative is permitted to access the parade ring (pre-race to leg up if required)
- Trainers should watch the race from the stands while socially distancing
- Stand apart from your Jockey in the parade ring before the race, 2m distance
- If the jockey can mount their horse without needing a leg up, please allow this to happen and refrain from giving a leg up. If giving a leg up, the trainer or trainers representative giving the leg up should sanitise their hands immediately afterwards
- Debrief between trainers and Jockeys must be conducted outside the parade ring or via telephone when racing is over
- Where individual riders are being recorded on mobile devices to send the post race analysis to Owners, this must take place outside the parade ring
- Winners enclosure: follow instructions of photographer and keep 2m distance from jockey/ groom
- No celebratory hugs or hand shaking at this time

#### Press Room:

• Access to the Press room (and overflow press facilities) is restricted to press officials only

#### **Racecourse Stables Complex:**

- In order to reduce traffic in the stable yard and time of exposure to others, horses and stable staff should arrive as close to the one hour cut off in advance of their race as possible, appropriate to their horse's welfare, based on factors such as temperament and journey length and leave as soon as possible after the horse has been cooled off.
- No Equine Passports will be lodged or physically handled by the IHRB. A web-based system of remote pre-clearance of vaccination status is in operation by the IHRB with markings available digitally to the veterinary team for identification checks
- Trainers and their Staff will be asked to comply with racecourse specific measures to ensure social distancing at all times including management of spacing on arrival and horse traffic around the yard to warm up/cool down
- Trainers and their Staff will not be permitted to enter the IHRB Security Office or Sampling Unit
- Horses will be microchip scanned as usual on entry using a new E-scanner Trainers and their Staff are asked to ensure that they are prepared for this to make it as rapid and safe as possible – Staff must not be simultaneously carrying kit or on the phone
- In relation to the Sampling Unit, Trainers/their Staff must follow the instruction of the IHRB Veterinary Staff at all times and only enter when instructed to do so

## **Other Requirements:**

- All horses must be well schooled in stalls to minimise the amount of time required for pushing them in for social distancing reasons
- Trainers with a horse running at the fixture may attend. Should the Trainer be unable to attend the fixture they may send **one** Authorised Representative in their place
- One additional person per training establishment with a horse running on the day is permitted, however Trainers should only avail of this additional person when necessary to limit overall numbers at race meetings
- Connections are NOT permitted to attend the race meeting
- Trainers can enter via the Health Screening Check-In Area or via the stableyard (after completion of Health Screening Check-In)
- Stable staff must enter the racecourse via the stable yard (after completion of Health Screening Check-In)
- Trainers driving their own personal cars should park where directed and enter through the Health Screening Check-In Area or via the stableyard (after completion of Health Screening Check-In)
- AIR Cards will be required to gain access to the racecourse <u>please leave the card on</u> <u>the table for the AIR card reader Operator to scan in order to prevent cross</u> <u>contamination</u>
- No loitering around the weighroom or enclosures and no congregating together in groups, 2m distance at all times everywhere
- Do not arrive excessively early and leave as soon as you have finished
- There will be limited outdoor catering facilities available at race meetings

#### Travel:

#### Please refer to Protocols for International Travel

#### Industry Assistance Programme (IAP):

Horse Racing Ireland has engaged the services of Workplace Options to provide an Industry Assistance Programme (IAP) should you need some extra support in these challenging times. The IAP is confidential, free to use and is open to everyone who works in the racing industry. It is staffed by a team of highly trained and qualified professionals who are experts in fields such as well-being, family matters, relationships, workplace issues, consumer rights and much more. Full details of the programme can be found at <a href="https://www.workinracing.ie/industry-welfare/industry-assistance-programme/">welfare/industry-welfare/industry-welfare/industry-assistance-programme/</a> where there is a short video which outlines the service.

#### Protocols are subject to change based on Government guidance



# **Protocols for Stablestaff**

# General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to the vehicle you travelled in and call your GP
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Where a trainer has more than two runners, no more than two people should travel in one vehicle
- Stablestaff must go to the Health Screening Check-In Area immediately upon arrival to complete health screening and can then enter the racecourse via the stable yard
- There will be limited outdoor catering facilities available at race meetings
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

# Weighroom Specific:

- Access to the weighroom is restricted to essential IHRB Officials, Jockeys (to weigh in/out), Security Staff and Valets
- If you are weighing out a rider you may collect saddles in a designated area outside the main door of the weighroom
- Where possible Trainers should provide the Jockey with the colour bag and racing instructions before racing. If not possible colour bags should be left and collected at the designated door at the weighroom

# Parade ring before and after race:

- One Trainer or their Authorised Representative is permitted to access the parade ring (pre-race to leg up if required)
- Stand apart from your Jockey in the parade ring before the race, 2m distance
- If the jockey can mount their horse without needing a leg up, please allow this to happen and refrain from giving a leg up. If giving a leg up, you or your representative giving the leg up should sanitise their hands immediately afterwards
- Stablestaff should watch the race from the stands while socially distancing
- Debrief after the race with Jockeys must be conducted outside the parade ring or via telephone when racing is over
- Where individual riders are being recorded on mobile devices to send the post race analysis to Owners, this must take place outside the parade ring
- Winners enclosure: follow instructions of photographer and keep 2m distance from trainer/jockey
- No celebratory hugs or hand shaking at this time

## **Racecourse Stables Complex:**

- In order to reduce traffic in the stable yard and time of exposure to others, horses and stablestaff should arrive as close to the one hour cut off in advance of their race as possible, appropriate to their horse's welfare, based on factors such as temperament and journey length and leave as soon as possible after the horse has been cooled off
- No Equine Passports will be lodged or physically handled by the IHRB. A web-based system of remote pre-clearance of vaccination status is in operation by the IHRB with markings available digitally to the veterinary team for identification checks
- Stablestaff will be asked to comply with racecourse specific measures to ensure social distancing at all times including management of spacing on arrival and horse traffic around the yard to warm up/cool down
- Stablestaff will not be permitted to enter the IHRB Security Office or Sampling Unit
- Horses will be microchip scanned as usual on entry using a new E-scanner –Stablestaff are asked to ensure that they are prepared for this to make it as rapid and safe as possible – Staff must not be simultaneously carrying kit or on the phone
- Staff are asked to be aware that when bringing kit in, that horses will be managed as they come in, particularly with young horses/kit on wheels care is needed please
- Staff are asked to be particularly aware of maintaining social distance at 'pinch' points during the day, for example when passing each other on walkways to the paddock, in the chute when collecting horses post-race, in the wash-downs
- In relation to the Sampling Unit, Trainers/their Staff must follow the instructions of the IHRB Veterinary Staff at all times and only enter when instructe to do so

- Each stable yard will adapt a one-way system for walking horses. Please follow the signs and/or guidance of IHRB and racecourse staff to allow this to happen
- The patience and cooperation of staff is requested as everyone endeavours to work together in a safe working environment

# **Other Requirements:**

- All horses must be well schooled in stalls to minimise the amount of time required for pushing them in for social distancing reasons
- Stablestaff must enter the racecourse via the stable yard (following completion of Health Screening)
- AIR Cards will be required to gain access to the racecourse <u>please leave the card on</u> <u>the table for the AIR card reader Operator to scan in order to prevent cross</u> <u>contamination</u>
- No loitering around the weighroom or enclosures and no congregating together in groups, 2m distance at all times everywhere
- Do not arrive excessively early and leave as soon as you have finished
- There will be limited outdoor catering facilities available at race meetings

## Travel:

- Minimise the number of staff travelling together, ideally no more than two per vehicle
- Staff who already share accommodation should travel together
- Entry to the stable yard will be different to what you have experienced before but with patience and co-operation this will be a process which will ensure a safe working environment

### Please refer to Protocols for International Travel

# Industry Assistance Programme (IAP):

Horse Racing Ireland has engaged the services of Workplace Options to provide an Industry Assistance Programme (IAP) should you need some extra support in these challenging times. The IAP is confidential, free to use and is open to everyone who works in the racing industry. It is staffed by a team of highly trained and qualified professionals who are experts in fields such as well-being, family matters, relationships, workplace issues, consumer rights and much more. Full details of the programme can be found at <a href="https://www.workinracing.ie/industry-welfare/industry-assistance-programme/">welfare/industry-welfare/industry-welfare/industry-assistance-programme/</a> where there is a short video which outlines the service.



# **Protocols for Starting Stalls**

# General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Personal hygiene must be considered to ensure regular showering, changing of clothes and footwear and regular disinfecting of additional equipment and protective clothing
- Hand hygiene to include regular hand washing and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Adhere to 2m (for people) and 3m (for horses) social distancing where possible
- If you become unwell while at the races go immediately to your car and call your GP or Senior Medical Officer Dr Jennifer Pugh
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

# All starts before, during and after each race:

- Each staff member is required to travel separately to race meetings
- Stand apart from your colleagues at the start before the race, 2m distance
- When leading horses prior to each race, make use of the available space to walk around keeping distance from other horses where possible
- Starting stalls will be power washed with detergent and sprayed with disinfectant before each race meeting and again after racing
- Starting stalls should be disinfected between each race using a knap sack sprayer filled with pre-mixed disinfectant and disinfectant wipes will be available should there be a need to remove any other debris from stalls during racing
- The race start button must be disinfected prior to each race
- Protective masks will be provided and must be worn at all times see Protocols for Infection Control

- Staff must strictly adhere to 2m social distancing between races, using own vehicles if necessary
- In the limited circumstances where it is not possible to maintain 2m distance between yourself and another person, such as when loading horses into the starting stalls:
  - > Maximise the distance between yourself and others while performing that task
  - Keep the period of time to an absolute minimum
  - > Ensure no direct face-to-face contact or close contact as defined by the HSE

## **Other Requirements:**

- The HRI Stalls team must go to the Health Screening Check-In Area immediately upon arrival to complete health screening and can then enter the racecourse via the on-course route
- When bathroom facilities are required, entry will be <u>via the Health Screening Check-In</u> <u>Area only</u>
- No loitering around the weigh-room or enclosures and no congregating together in groups, 2m social distancing must be maintained at all times
- Do not arrive in advance of your regular starting time and leave immediately after the last race
- There will be limited outdoor catering facilities available at race meetings

### Travel:

### Please refer to Protocols for International Travel

# Industry Assistance Programme (IAP):

Horse Racing Ireland has engaged the services of Workplace Options to provide an Industry Assistance Programme (IAP) should you need some extra support in these challenging times. The IAP is confidential, free to use and is open to everyone who works in the racing industry. It is staffed by a team of highly trained and qualified professionals who are experts in fields such as well-being, family matters, relationships, workplace issues, consumer rights and much more. Full details of the programme can be found at <a href="https://www.workinracing.ie/industry-welfare/industry-assistance-programme/">welfare/industry-welfare/industry-welfare/industry-assistance-programme/</a> where there is a short video which outlines the service.



# **Protocols for Jockey Drivers**

# Applicable to:

• Professional Jockeys and Qualified Riders

As racing remains strictly behind closed doors, the attendance of a driver for a Jockey is permitted to support Jockeys as they travel long distances to race meeings.

Jockeys and Qualified Riders are responsible for their named driver and any breach of this protocol will result in IHRB disiplinary action against that Jockey or Qualified Rider.

## General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to your car and call your GP or Senior Medical Officer Dr Jennifer Pugh
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

# Before Each Race Meeting:

- A Jockey driver **MUST** be a close contact of the Jockey they intend to drive e.g. family member or someone you live with
- Name of Jockey driver, who they will be driving, date and race meeting they are attending must be registered with HRI by no later than 1pm the day before the race meeting – please email bcdracing@hri.ie (emails received after the deadline will not be accepted)

- Jockey Drivers must complete the IHRB online health screening in advance of each race meeting – by registering (first time attendees) by no later than 11pm the day before they expect to attend their first race meeting and by no later than 11pm the day before every other race meeting. Please see Protocols for Health Screening and Health Screening Check-In at Racecourses
- Jockey driver must check-in at Health Screening Check-In Area on arrival and receive a wristband

# **Other Requirements:**

- Jockey drivers must remain in their vehicle for the duration of the race meeting
- Jockey drivers may only leave the vehicle to use the bathroom facilities or catering facilities only
- Jockey drivers are not permitted to view racing from outside your car
- No loitering around the parade ring, grandstand, weighroom or enclosures and 2m distance at all times everywhere
- Do not arrive early and leave as soon as you have finished
- There will be limited outdoor catering facilities available at race meetings

## Jockey Considerations:

- Arrival to the racecourse without a valid health screening barcode or without having registered your drivers name with HRI the day before each race meeting will result in your driver denied access and will not be permitted to access the racecourse
- Jockeys are expected to identify one or two drivers that you may wish to use but they must already be a close contact (someone within your family bubble)
- It is expected that this will be utilised <u>for long journeys only</u> and if this system is being abused where Jockeys are bringing someone racing on a daily basis or someone who is not a close contact the protocol will be reviewed
- Owners and spectators are not permitted to attend race meetings behind closed doors and Jockeys are reminded to please remain respectful of this

### Health Screening

• Please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses for further details

### Travel:

### Please refer to Protocols for International Travel

#### Any breach in Protocols will be referred to the IHRB



# **Protocols for Horse Transporters**

## **General Hygiene and Social Distancing:**

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Personal hygiene must be considered to ensure regular showering, changing of clothes and footwear and regular disinfecting of additional equipment and protective clothing
- Hand hygiene to include regular hand washing and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Maintain a distance of 2m from other people at all times
- If you become unwell while at the races go immediately to the vehicle you travelled in and call your GP
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

# Transport Requirements:

- Horse transporters are reminded that they must hold valid Certificates of Competence for journeys over 65km and/or be Authorised to travel horses as appropriate – please check <u>https://www.agriculture.gov.ie/animaltransport/</u>for updates relating to the movement of horses
- Transporters should not at this time be sharing loads from different training premises
- Journey logs must be kept as usual and be available for inspection see template here
- Particular care is needed to ensure all horse lorries/trailers have been cleaned and disinfected prior to each use and that material is available to drivers for cleaning during the day especially areas of high use such as door handles and around the driver
- The driver should be unaccompanied if possible and appropriate to the number of horses being transported if additional people need to travel thought should be given as to the procedure to be followed should one develop symptoms during the day

- For race day, only transport horses to the racecourse that are entered to run that day
- If responsible for a horse for race day, transporters should ensure that they only access the stable allocated to that horse (unless otherwise directed by the IHRB)
- Maintain a distance of 2m from other people at all times during drop off / pick up
- All equipment used for, or on, the horse (e.g. head collar, sheet or lead) must be the property of the training stable and not the transport company

# **Other Requirements:**

- When bathroom facilities are required, entry will be via the main stableyard gate only
- No loitering around the stables or enclosures and no congregating together in groups, 2m social distancing must be maintained at all times
- Horse Transporters should arrive as close to the one hour cut off in advance of their race as possible, appropriate to their horse's welfare, based on factors such as temperament and journey length and leave as soon as possible after the horse has been cooled off
- There will be limited outdoor catering facilities available at race meetings

# Travel:

HRI Protocols for race meetings behind closed doors will align with Irish Government travel advice where there are some limited exemptions from the requirement to complete mandatory quarantine such as:

• International transport workers in posession of an Annex 3 Certificate, Drivers of Heavy Goods Vehicles, Aviation and maritime crew

Horse Transporters who fall under the above exemption must do the following:

- Complete the IHRB online health screening in advance of each race meeting please see Protocols for Health Screening and Health Screening Check-In at Racecourses
- Remain in the stableyard complex other than to access catering or toilet facilities
- Adhere to all race day protocols

If you are transporting a horse from abroad but will not be attending the race meeting, drop off arrangements with a representative in Ireland need to be considered and agreed in advance of arrival.



# **Protocols for Press/Photographers**

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to your car and call your GP
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-risk-groups.html</u>
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses
- Prior press accreditation is required for journalists and photographers to attend race meetings
- Only the minimum number of press and photographers needed to adequately cover racing fixtures will be permitted to attend.
- HRI will send each racecourse a list of Journalists/Photographers which have obtained approved accreditation through HRI prior to each race meeting. <u>Racecourses should add</u> <u>the Journalists/Photographers to the attendee list for the AIR Card Operator each day</u>
- To obtain prior approved accreditation from HRI please contact Barbara White (email <u>bwhite@hri.ie</u> or by phone 087 2511482)

# Weighroom Specific:

- Access to the weighroom is restricted to essential IHRB Officials, Jockeys (to weigh in/out), Security Staff and Valets
- Journalists and photographers will not be allowed into the weighroom
- A designated area (outside the weighroom) must be provided for press officials

# Photographs/Interviews:

- It is mandatory that you maintain social distancing at all times (taking photos)
- Ensure you are always at least two metres from other individuals
- Socially distanced person to person interviews will be permitted at this time
- No celebratory hugs or hand shaking at this time

# **Other Requirements:**

- You will require your AIR card to gain access to the racecourse at all times <u>please</u> <u>leave the card on the table for the AIR card reader Operator to scan in order to prevent</u> <u>cross contamination</u>
- Journalists/Photographers should present at the Health Screening Check-In Building upon arrival at the racecourse where approved names will be on the media list
- You should leave the racecourse when your presence is no longer required or necessary
- No loitering around the weighroom or enclosures and no congregating together in groups, 2m distance at all times everywhere
- There will be limited outdoor catering facilities available at race meetings

## Travel:

### Please refer to Protocols for International Travel



# **Protocols for International Travel**

# General:

- Do not come racing if you have symptoms of temperature, cough, cold, shortness of breath or any flu like symptoms or if you have had contact with a known case of COVID-19
- Hand hygiene to include regular washing of hands and use of alcohol-based sanitiser
- Cough etiquette to be strictly adhered to, cough into a tissue, place in bin and wash hands, if tissue unavailable, cough into elbow
- Avoid touching your face
- Always adhere to 2m social distancing
- If you become unwell while at the races go immediately to your car and call your GP or Senior Medical Officer Dr Jennifer Pugh
- If you are over 70 years of age, you are permitted to attend subject to health screening, however if you have any underlying medical conditions placing you at high risk please do not attend – please visit <u>https://www2.hse.ie/conditions/coronavirus/at-riskgroups.html</u>
- Health screening please see Protocols for Health Screening and Protocols for Health Screening Check-In at Racecourses

# Travel:

Please visit links to Government/Department of Foreign Affairs guidelines with regard to travel:

https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/

https://www.dfa.ie/travel/travel-advice/coronavirus/

HRI Protocols for race meetings behind closed doors will comply with quarantine/self-restriction guidelines in line with Government policy.

The following will apply to ALL attendees at a race meeting (with the exception of Jockeys travelling on the elite athlete exemption).

# Pre-departure Covid-19 PCR Test

All passengers arriving into Ireland (except if your journey originates in Northern Ireland) are required to have a negative/'not detected' result from a pre-departure Covid-19 PCR antigen test carried out no more than 72 hours prior to arrival in Ireland. Antigen or other test types do not meet the requirements.

You will be asked to show evidence of this negative/'not detected' result before boarding the airplane or ferry from the country you are travelling from and will be denied boarding if you cannot produce such evidence. Once you arrive in Ireland you have to provide this evidence to Irish immigration officers. You should retain the written confiramtion of your test result for at least 14 days.

If you arrive without evidence of a negative/'not detected' result from a Covid-19 PCR antigen test, or a valid exemption, you must enter and pay for mandatory quarantine in a hotel until you either receive a negative/'not detected' test result or you have quarantined in the hotel for 10 days.

If you arrive into Ireland from overseas and enter via Northern Ireland, you must have a negative/'not detected' Covid-19 PCR antigen test taken within 72 hours of arrival at the point of entry and retain this test result for 14 days after arrival.

# Post Arrival Non Designated High Risk Countries Quarantine Requirements:

A legal requirement to quarantine has been introduced for all passengers arriving into Ireland (except if your journey originates in Northern Ireland) – with very limited exceptions.

- A 14-day quarantine period must be undertaken at the address specified on the Passenger Locator form
- Passengers who travel from another coutnry to Ireland, and arrive via Northern Ireland, must also observe the mandatory quarantine regime
- You may leave your place of residence during quarantine period for unavoidable reasons of an emergency nature to protect a person's health or welfare or to take a Covid-19 PCR antigen test no less than 5 days after your arrival
- The necessary quarantine period may be lifted on receipt of a written negative/'not detected' result from a Covid-19 PCR antigen test taken on no less than day 5

# Post Arrival Designated High Risk Countries Quarantine Requirements:

Passengers arriving into Ireland from specific countries designated high risk must do the following:

All passengers arriving into Ireland from specific countries designated high risk (or who have travelled through an airport/port in a high-risk country) are required to pre-book accommodation in a designated quarantine facility, and to pre-pay for their stay.

- A 14-day mandatory quarantine period must be undertaken at the designated quarantine facility
- If you receive a 'not detected' result from a Covid-19 PCR antigen test taken on no less than day 10, you period of quarantine will finish. It may also be extended if a passenger tests positive during their stay
- Anyone arriving overland into Ireland from Northern Ireland who has been in or through a designated country in the previous 14 days is responsible for making their own way to their pre-booked designated quarantine hotel within 4 hours
- For a full list of designated high risk countries please visit: <u>https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/</u>

Essential racecourse attendees from non designated risk countries will be asked to provide evidence of their pre-departure negative/'not detected' Covid-19 PCR antigen test result to the IHRB along with proof of date of arrival to Ireland in the form of flight/ferry tickets. Attendees will also be required to submit a negative/'not detected' Covid-19 PCR antigen test taken on or after day 5 of arrival to the IHRB before being permitted to access the racecourse.

For example: Trainer/Stablestaff/Horse Transporter arriving to Ireland from a non-designated high risk country wishing to have a runner at an Irish race meeting will ALL be required to do the following before being granted permission to attend a race meeting (please note separate advice for countries designated high risk)

- Inform the IHRB Senior Medical Officer of the name and dates of person travelling
- Provide the IHRB with a pre-departure negative/'not detected' Covid-19 PCR antigen test result this will be their own responsibility and at their own expense
- Provide evidence of date of arrival to Ireland to commence 14 day period of quarantine (flight/ferry tickets and accommodation details)
- Have a Covid-19 PCR antigen test taken no less than on no less than Day 5 after arrival this will be their own responsibility
- Submit a negative/'not detected' Covid-19 PCR antigen test on or after day 5 result to the IHRB
- The necessary quarantine period may be lifted on receipt of a negative/'not detected' result from a Covid-19 PCR antigen test taken on Day 5
- Please note quarantine in Ireland includes no work and no attendance at a race meeting

Alternatively trainers from abroad may wish to send their horse to Ireland to be looked after by Irish staff upon agreement.

# Irish Trained Runner Abroad

All passengers arriving into Ireland from non-designated high risk countries (except if your journey originates in Northern Ireland) are required to have a negative/'not detected' result from a pre-departure Covid-19 PCR antigen test carried out no more than 72 hours prior to arrival in Ireland. In addition, all arrivals to Ireland are required to undertake 14 days quarantine (please note separate advice for countries designated high risk)

- Prior to travelling, inform the IHRB Senior Medical Officer of dates of travel including return date to Ireland.
- Quarantine in Ireland for 14 days upon return.
- Have a Covid-19 PCR antigen test taken on no less than Day 5 upon return this will be their own responsibility
- Submit a negative/'not detected' Covid-19 PCR antigen test on or after day 5 result to the IHRB.
- The necessary quarantine period may be lifted on receipt of a negative/'not detected' result from a Covid-19 PCR antigen test taken on Day 5
- Please note quarantine in Ireland includes no work and no attendance at a race meeting

Passengers undertaking a short journey abroad originating in Ireland, of less than 72 hours duration, may require a Covid-19 PCR antigen test taken in Ireland before departure to comply with the requirement to present a test result on return to Ireland. <u>For specific advice in relation to a short journey abroad please contact the SMO in advance of travel</u>.

For the purposes of horse racing, no attendee is considered exempt from the quarantine periods outlined above.

All passengers arriving to Ireland from abroad are oblidged to complete a mandatory Public Health Passenger Form and to submit it to the relevant authority at their port of entry. For details of the COVID-19 Passenger Locator Form please visit: <u>https://www2.hse.ie/file-library/coronavirus/covid-19-public-health-passenger-locator-form.pdf</u>

#### Stabling – Please see advice above (separate advice for countries designated high risk)

Persons travelling from non-designated countries will be required to quarantine in Ireland for 14 days upon arrival. The necessary period of quarantine may be lifted on receipt of a negative/'not detected' result from a Covid-19 PCR antigen test taken on no less than Day 5. Please note they will be unavailable for work riding or care of the horse during this period of quarantine.

## Jockey – Please see advice above (separate advice for countries designated high risk)

If you wish to use a jockey currently residing in your own jurisdiction which is in a nondesignated country, they will need to complete 14 days quarantine in Ireland. The necessary period of quarantine may be lifted on receipt of a negative/'not detected' Covid-19 PCR antigen test taken on no leess than Day 5 before being allowed to attend a race meeting/racecourse premises Please note they will be unavailable for work riding or care of the horse during this period of quarantine.

#### Please refer to Protocols for International Travel for Jockeys (Elite Athlete Exemption).

<u>Connections – Please see advice above (separate advice for countries designated high risk)</u> Any trainer or trainer's representative wishing to attend an Irish Race meeting from a nondesignated country where they have a runner, will be required to complete 14 days quarantine in ireland upon arrival. The necessary period of quarantine may be lifted on receipt of a negative/'not detected' Covid-19 PCR antigen test taken on no less than Day 5 before being allowed to attend a race meeting/racecourse premises. Should the Trainer be unable to attend the fixture they may send **one** Authorised Representative.

Please note no owners or other connections are permitted.

# **Other Requirements:**

Please refer to other protocols in this document for specific advice at each racecourse paying particular attention to the Protocol for Horse Transporters:

- Protocols for Infection Control
- > Protocols for Health Screening and Health Screening Check-In at Racecourses
- Protocols for Jockeys and Protocols for Jockey Drivers
- Protocols for International Travel for Jockeys
- Protocols for Trainers
- Protocols for Stablestaff
- Protocols for Starting Stalls
- Protocols for Horse Transporters
- Protocols for Press/Photographers

#### Permission to race will be a discretion of the IHRB Protocols are subject to change based on Government guidance

# **COVID-19 Passenger Locator Form**

### https://www.gov.ie/en/publication/ab900-covid-19-passenger-locator-form/

https://www2.hse.ie/file-library/coronavirus/covid-19-public-health-passenger-locatorform.pdf

# **COVID-19 Travel Advice**

For travel advice please visit:

https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/

https://www.gov.ie/en/campaigns/75d92-covid-19-travel-advice/

https://www.dfa.ie/travel/travel-advice/coronavirus/

# **Help Prevent Coronavirus**

# Coronavirus COVID-19



Coronavirus **COVID-19** Public Health Advice

# Help prevent coronavirus



Wash your hands



Keep surfaces clean



Cover mouth if coughing or sneezing



Stop shaking hands and hugging



Avoid touching your face



Keep a safe distance

The virus spreads in sneeze and cough droplets, so regularly taking the above measures helps reduce the chance of it spreading.

# Visit HSE.ie

For updated factual information and advice Or call 1850 24 1850

Protection from coronavirus. It's in our hands. Æ

Rialtas na hÉireann Government of Ireland

# **Covid-19 Symptoms**

# Coronavirus COVID-19

# Coronavirus COVID-19 Public Health Advice

Wash

Cover

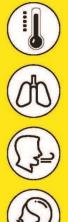
Avoid

Clean

Stop

Distance

# Know the signs



**High Temperature** 

**Shortness of Breath** 

# **Breathing Difficulties**

Cough

For 8 out of 10 people, rest and over the counter medication can help you feel better.

If you have symptoms, self-isolate to protect others and phone your GP. Visit hse.ie for updated factual information and advice or call 1850 24 1850.

Protection from coronavirus. It's in our hands.



Rialtas na hÉireann Government of Ireland



# How to use Face Coverings

# How to use **Face Coverings**



ALWAYS CLEAN YOUR HANDS BEFORE AND AFTER WEARING A FACE COVERING

made from a fabric that you are comfortable wearing.

down under your chin.

Check that it is easy to fit and completely covers your nose and mouth, all the way

Tighten the loops or ties so it's snug around your face, without gaps. If there are strings, tie them high on top of the head to get a good fit. Do not touch or fidget with the face covering when it is on.

#### **Correct Covering**

**Check Your Fit** Medical masks should be reserved for health Check that the face covering is

workers or patients in treatment.

If you have been advised to wear a medical mask. always have the coloured side showing and the metal band at the top of your nose.



DO NOT: Wear the face covering below your nose.



DO NOT:

Wear it loosely with gaps on the sides.

DO NOT: Wear it so it covers just the tip of your nose.

DO NOT: Push it under your chin to rest on your neck.



FOLLOW THESE TIPS TO STAY SAFE: Carry unused ALWAYS

wash your hands before and after handling your face covering.

ALWAYS

change your face covering if it is dirty, wet or damaged.

face coverings in a sealable clean waterproof bag, for example, a ziplock.

Carry a second similar type bag, to put used face coverings in.

CHILDREN UNDER 13 should not wear face coverings.

ALWAYS wash cloth face coverings on the highest temperature foi cloth.



# **Further Information**

For further information (which includes the following) please visit the link below:

- Protect yourself and others (incl. close contact and casual contact information)
- > Testing
- People at higher risk
- Managing Covid-19 at home
- Staying well during the Covid-19 pandemic

https://www2.hse.ie/coronavirus/

# Protect yourself and others from getting sick

# Wash your hands

- after coughing or sneezing
- when caring for the sick
- before and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after touching cuts, blisters or any open sores
- you can use alcohol hand rub, if hands are not visibly dirty

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# **COVER YOUR COUGH** AND SNEEZE THE **RIGHT WA**







Cough or sneeze into your upper sleeve. Germs won't spread through your clothing.



Cough or sneeze into your hands. You'll end up spreading germs to everything you touch.

Building a Better Health Nios Fearr Service & Forbairt hpsc



